

EUROPEAN INNOVATION PARTNERSHIP on Active and Healthy Ageing

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One in four EU citizens have experienced chronic pain of a magnitude sufficient to restrict daily activities –





Pain in the EU

- high number of FP7-research projects on pain (co)financed by DG research
- projects co-funded by PHP, e.g. "Defining best practices in palliative care in Europe"
- measuring population health status
- Pain, as a horizontal issue is relevant to SANCO initiatives, e.g. those on health inequalities, active and healthy ageing, mental health and chronic disorders
- European Innovation Partnership on Active and Healthy Ageing: work on guidelines, tools, collecting good practices

+2 Healthy Life Years by 2020 Triple win for Europe

Sustainable & efficient care systems health & quality of life of European citizens

growth & expansion of EU industry

Action Groups



Improving prescriptions and adherence to treatment (A1)



Integrated care for chronic conditions, inc. telecare (B3)



Better management of health: preventing falls (A2)



ICT solutions for independent living & active ageing (C2)



Preventing functional decline and frailty (A3)



Age-friendly cities and environments (D4)





Action Areas

A1. Prescriptions and adherence to treatment

A2. Preventing falls

A3. Preventing functional decline & frailty

B3. Integrated care incl. remote monitoring

C2. Independent Living

D4. Age-friendly cities and environments

provide input and expertise through an open collaboration

Commitments of the partners

Deliverables

Mapping of innovative practices

Better professional cooperation: standards, guidelines

Practical Toolkits

Implementation on large scale

More integrated, more efficient services



Example of our work Good Practices in B3 Integrated Care Action group

Aim

Reducing avoidable/unnecessary hospitalisation of older people with chronic conditions, through the effective implementation of integrated care programmes and CDM models, ultimately contributing to the improved efficiency of health systems

Vision

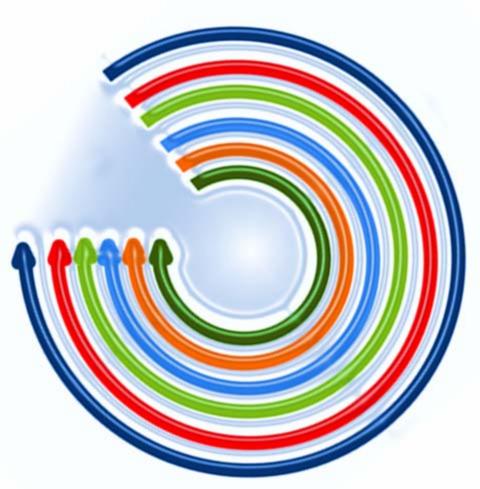
Seamless health and social care centred around the patient



Collection of good practices

- 85 good practices
- 23 regions
- 8 action areas

... and the collection and analysis is still on-going





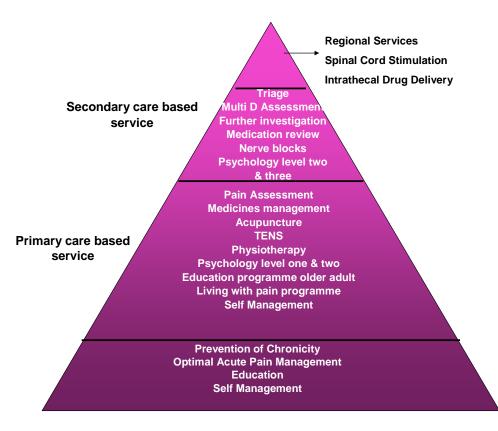
Examples of Good practices relevant to pain

- Improvement in postoperative PAIN outcome in University Hospital Jena, Germany PAIN OUT is a multinational research project that provides a unique and userfriendly web-based information system whose goal is to improve treatment of patients with post-operative pain.
- Second Opinion in Back Pain by Techniker Krankenkasse and the German Pain Association DGS, a 4 weeks multimodal tratement to support patients back in the workplace; supported by financial incentives and e-records. Results: 52% reduction in working disability



Integrated Services for Chronic Pain Patients in NHS Lanarkshire, Scotland integrated approach working with General Practitioners, Community Physiotherapy, voluntary organisations etc

Aim: to ensure patients access the right individual as early as possible within their chronic pain journey. Service improvement group, incl Chronic Pain staff, service users, **General Practitioners** and Voluntary Agencies.





Thank you

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