The value that vaccines bring in the AMR fight and why new-generation antibiotics alone cannot resolve the AMR crisis

Prof. Adam Cunningham

University of Birmingham 14th December 2023

Aims

Introduce BactiVac

Risk of infection in the context of age and "immune function/status"

Interventions to control infection

The differences between antimicrobial and vaccine use and the concept of resistance

The evidence that vaccines reduce antimicrobial use in children and adults

Gaps and needs

Open for discussion

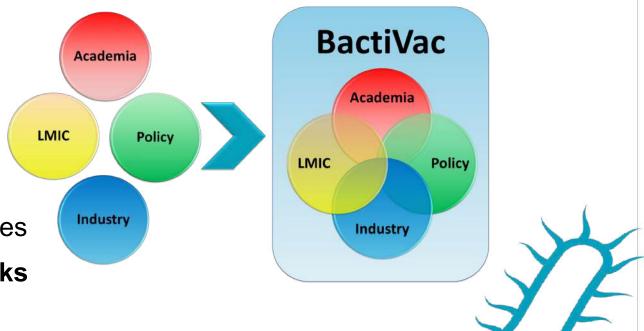
The evidence for this is taken from EU, UK, US and other global sources

BactiVac: what is our mission?

Accelerating the development of vaccines against bacterial infections relevant to Low Middle Income Countries

- >8 million deaths yearly from bacterial infections
 Focus on bacterial vaccines >1700 members
 Catalyst project and training funding
 Attract investment/leverage funding
- Advocacy for the development of bacterial vaccines Partnership & collaboration with other networks Engagement & interaction with industry

BactiVac

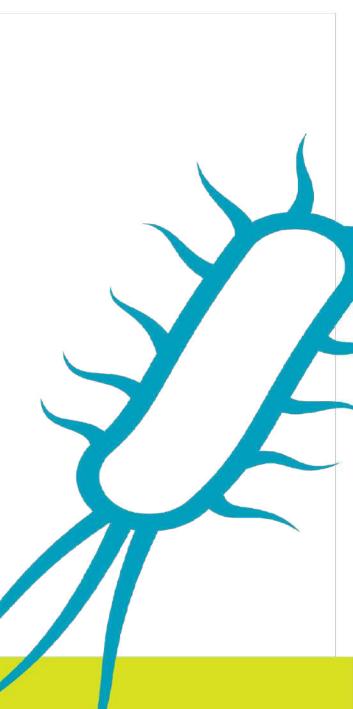




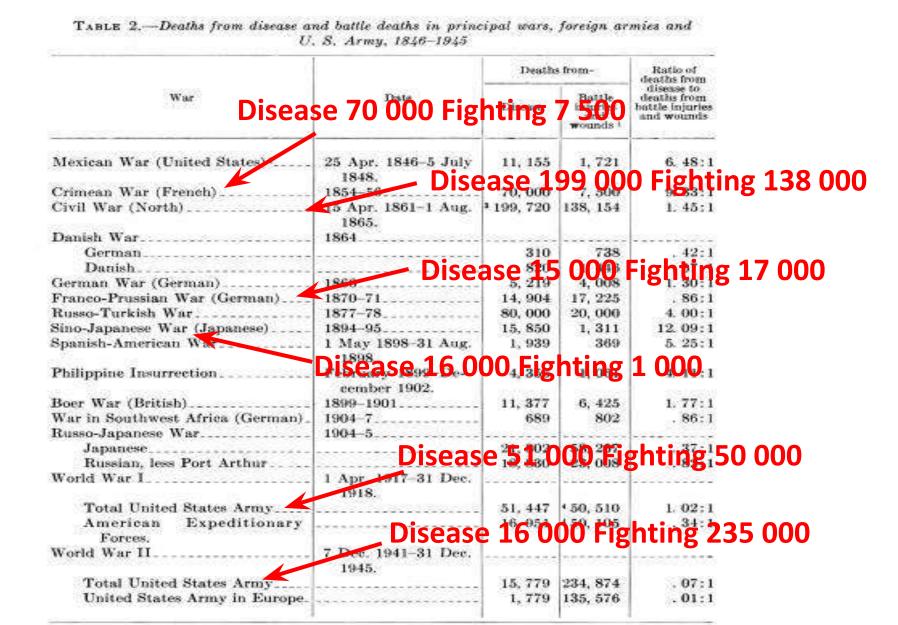
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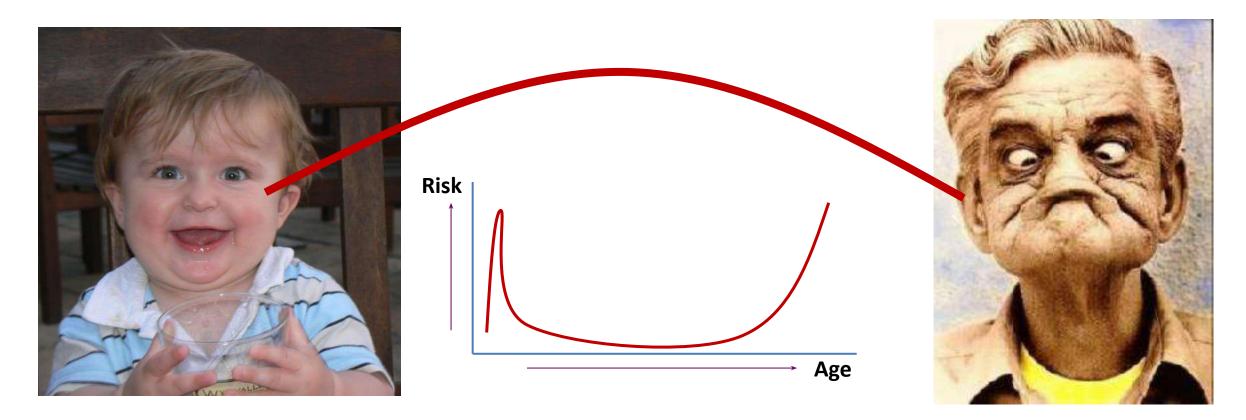
www.birmingham.ac.uk/bactivac BactiVac@contacts.bham.ac.uk @BactiVac linkedin.com/company/bactivac



Infectious disease was a major contributor to total deaths during wars until recently



The extremes of age are when we are most at risk from infection



'Immunologically experienced'

'Blank canvas'

Bacterial infections are a leading cause of death

Antimicrobial Resistance (AMR) and a lack of vaccines, and their use, contribute to this

7.7 million deaths associated with 33 bacterial pathogens1 in 7 of all deaths globally2nd leading cause of death globally in 2019

Global mortality associated with 33 bacterial pathogens in 2019: a systematic analysis for the Global Burden of Disease Study 2019

GBD 2019 Antimicrobial Resistance Collaborators*

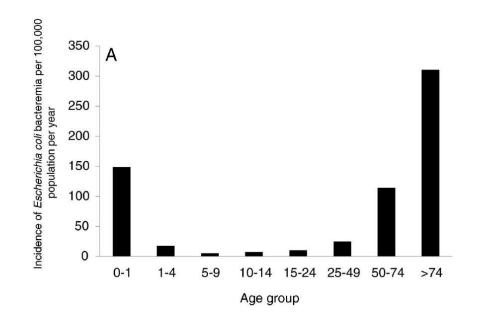
4.95 million deaths associated with AMR1.27 million deaths attributable to AMR

Global burden of bacterial antimicrobial resistance in 2019: a systematic analysis

Antimicrobial Resistance Collaborators*

Age and poorer health (co-morbidities) can combine to amplify risk

Incidence of *Escherichia coli* bloodstream infection by age



Auckland District Health Board, New Zealand, 2005 – 2011. Williamson DA et al. BMC Infect Dis 13, 385 (2013). https://doi.org/10.1186/1471-2334-13-385

> COVID-19 (USA) 75% deaths in >65 years old <1% deaths in <30 years old

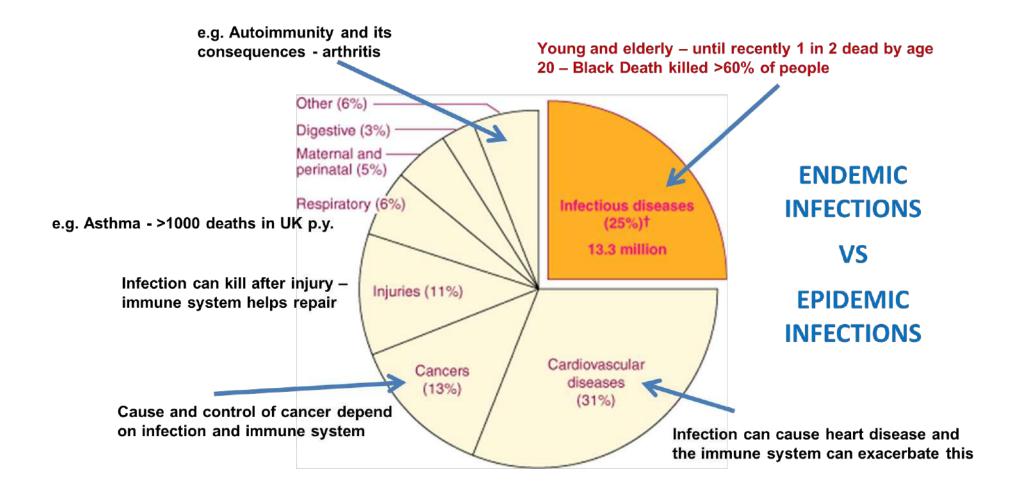
Approximate Relative risk

	Type 1 Diabetes	Type 2 Diabetes		
Bone/joint infections	22	5		
Endocarditis (Heart)	7	2		
Meningitis	6	2		
Pneumonia	3	2		
Sepsis	6	2		
Death from infections	8	2		

Adapted from Iain Carey et al Diabetes Care 2018

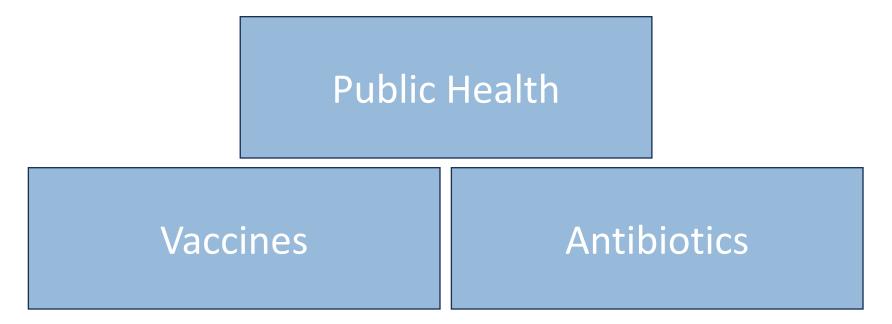
Increased risk with other co-morbidities – chronic kidney disease, cancer (+/- treatment), some autoimmune diseases (+/- treatment)...

Infections cross-cut nearly all diseases



COVID-19 shows what happens in the absence of effective interventions (AMR and vaccines)

There are three major ways to control infection

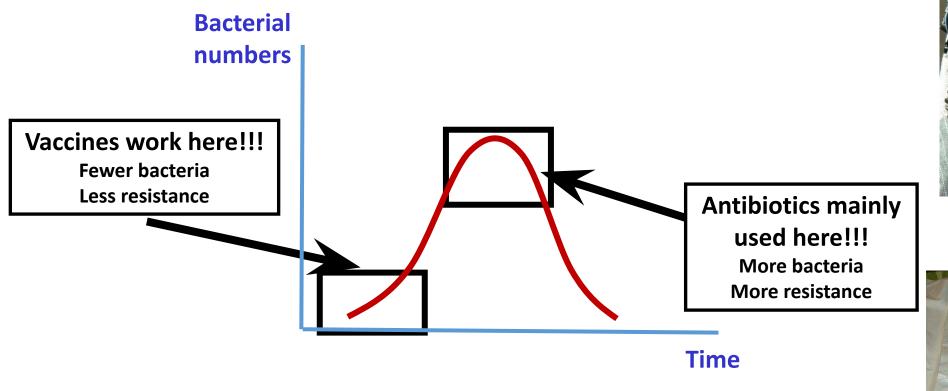


Few anti-viral treatments – more vaccines (15 viral diseases) More anti-bacterial treatments (antibiotics) – fewer vaccines (9 bacterial diseases)

Limited diagnostics to determine pathogen

Remember, the key point is reducing disease burdens, AMR should be considered in this context!!

Vaccines democratise opportunity across the life course There are limited options to treat active infections





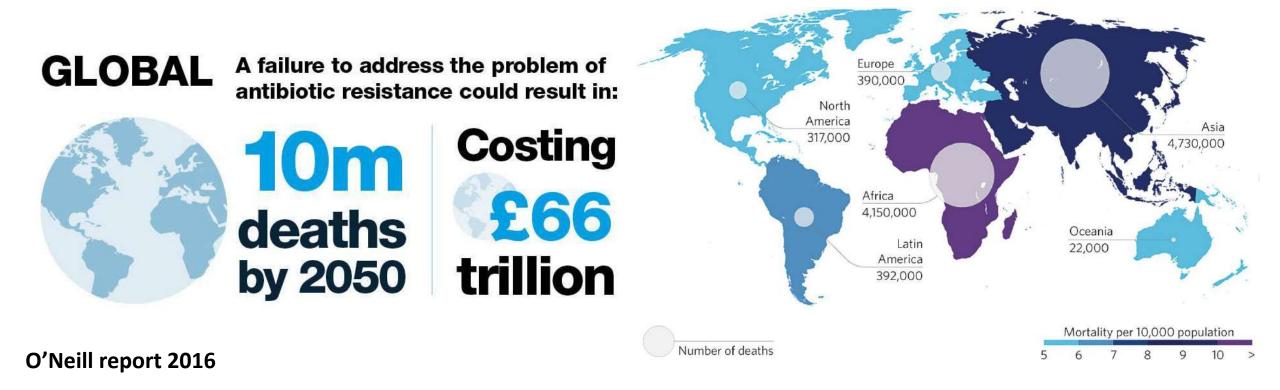
Vaccines save lives



The success of vaccines (we rarely know when they have saved our life) can make selling their importance more difficult *cf* antibiotics

Antibiotics save lives

AMR can and is changing the landscape of medicine



AMR can develop rapidly once an antibiotic is introduced

Antibiotic use continuous and not reducing - 60% of use in veterinary settings

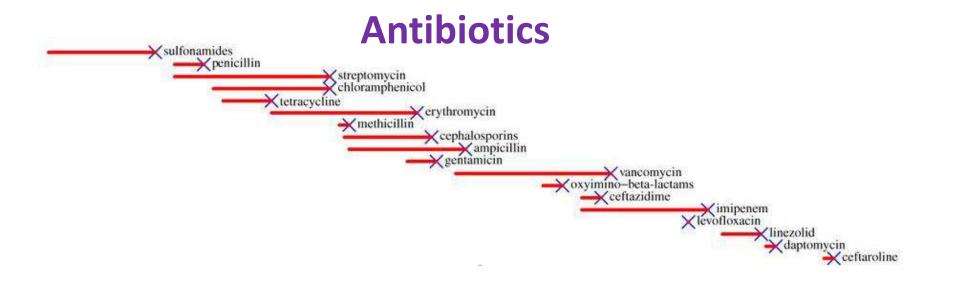
Routine medicine (eg AMR could cause 1000s deaths after hip and colorectal surgery)

Antibiotic resistance is pervasive and global

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		Pathogen	Resistance Rates (%)		Pathogen	Resistance Rates (%)	15		
and the second	and the second	S. pneumoniae	7-8		S. pneumoniae	ND			
	19 A	S. aureus	0-11		S. aureus	2-94			
		E. coli	0-66		E. coli	11-92			
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		K. pneumoniae	0-14	100	K. pneumoniae	2-80			
1	- T	🥦 P. aeruginosa	3-14		P. aeruginosa	0-69			
		A baumannii	2-9	die e	A. baumannii	3-90			- 66.1
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S. pneumoniae	17-34	5. pr	eumoniae	ND		S. pneu	moniae	ND	-
S. aureus	0-45	5.01	ireus	0-29		S. awer	15	0-18	
E. coli	1-55	E. a	di .	0-84		E. coti		0-55	-
Enterobacter spp.	5-88	Ente	robacter spp.	3-100		Enterol	acter spp.	3-30	
K. pneumoniae	8-22	K. pi	neumoniae	2-68		K. pneu	moniae	0-9	
P. aeruginosa	5-26	P. 01	ruginosa	1-35		P. deru	ginosa	ND	
A. baumannii	6-49	Ab	rumannii	2-41		A. baun	inanaii	ND	
M. tuberculosis	0-3	M. t	uberculosis	100		M. tube	erculosis	0-2.9	
	0.1-30	The second se	onorrhoeae	0.1-70		10000	wrhoeae	0.1-70	Jan

Jansen, K.U., *et al. Environ Chem Lett* **19**, 4031–4062 (2021).

Resistance to antibiotics develops soon after their introduction – but not to vaccines





What does success look like for a bacterial vaccine?

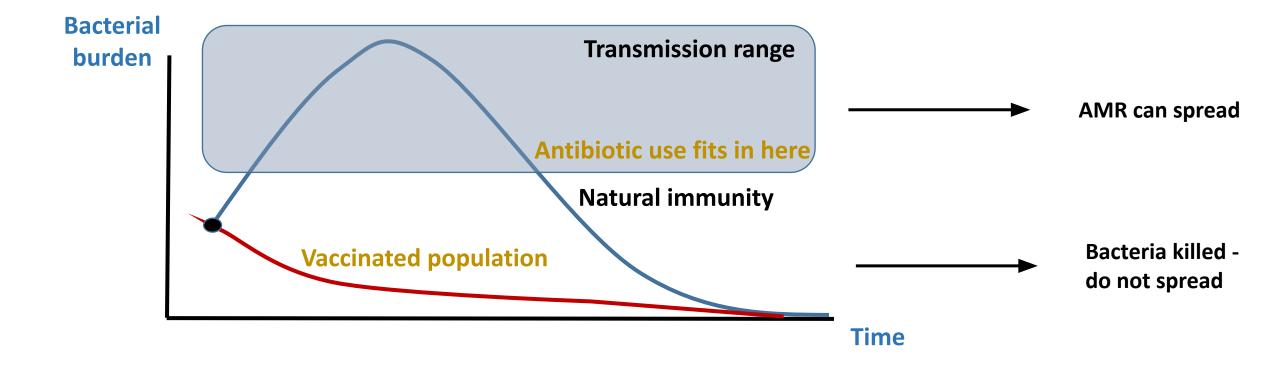
Vaccines prevent infections from establishing Vaccines stop infections from developing into disease Vaccines reduce the severity of disease if it occurs Persistence - Time from vaccination to pathogen encounter

Vaccination has a massive impact on disease rates

Disease	Pre-vaccine Era	2000	% change
Diphtheria	31,054	1	>99
Measles	390,852	86	>99
Mumps	21,342	338	>98
Pertussis	117,998	7,867	>93
Polio (wild)	54,953	0	100
Tetanus	1,314	35	-97
Invasive HiB Disease	24,856	112	-99
Total	566,706	8,624	-98
All Vaccine Adverse Events	0	<13 500	

Vaccines save up to 10 million lives / year (young & old)

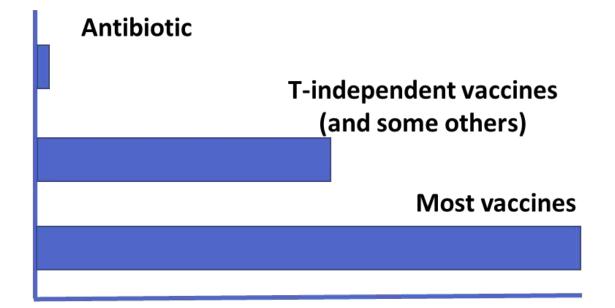
Vaccination prevents pathogen numbers getting sufficiently high to spread



Vaccines offer sustained protection against specific pathogens, whilst antibiotics offer (broader but) short-term activity

Persistence of responses and lack of acquisition of resistance help make vaccines effective

Length of activity by class of agent after administration

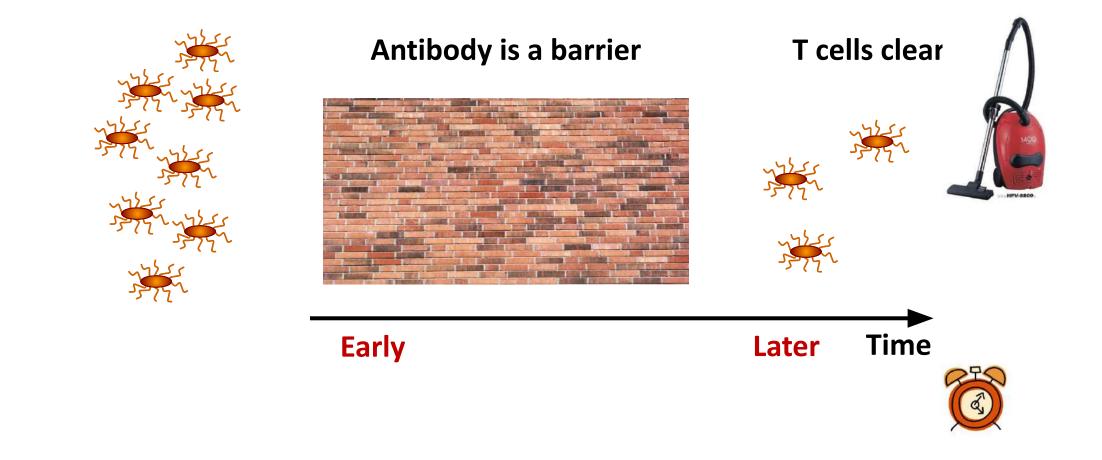


Time (months/years)

Activity after final dose

Vaccines are effective because they work before disease becomes established

Vaccines have helped protect within hours after infection



Why is resistance common against antibiotics but not vaccines?

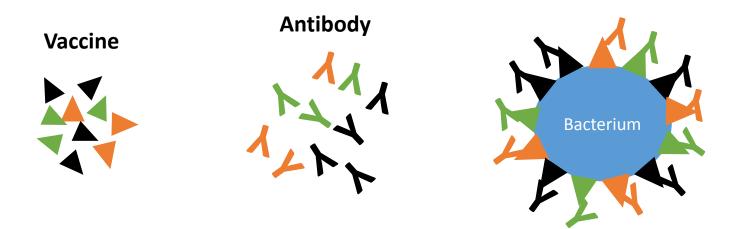
Antibiotics typically have only one target

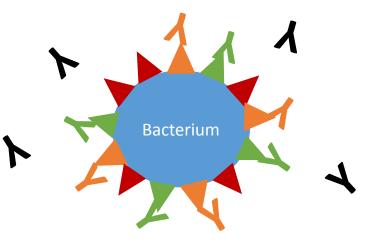
Bacteria can resist antibiotics through multiple routes – (efflux, antibiotic inactivating enzymes (eg β -lactamases), target modification (loss of binding), cell surface alterations, direct modification of target)

Resistance mechanisms can be spread quickly through genetic mechanisms

Vaccines target multiple epitopes/antigens, this redundancy in targets is important

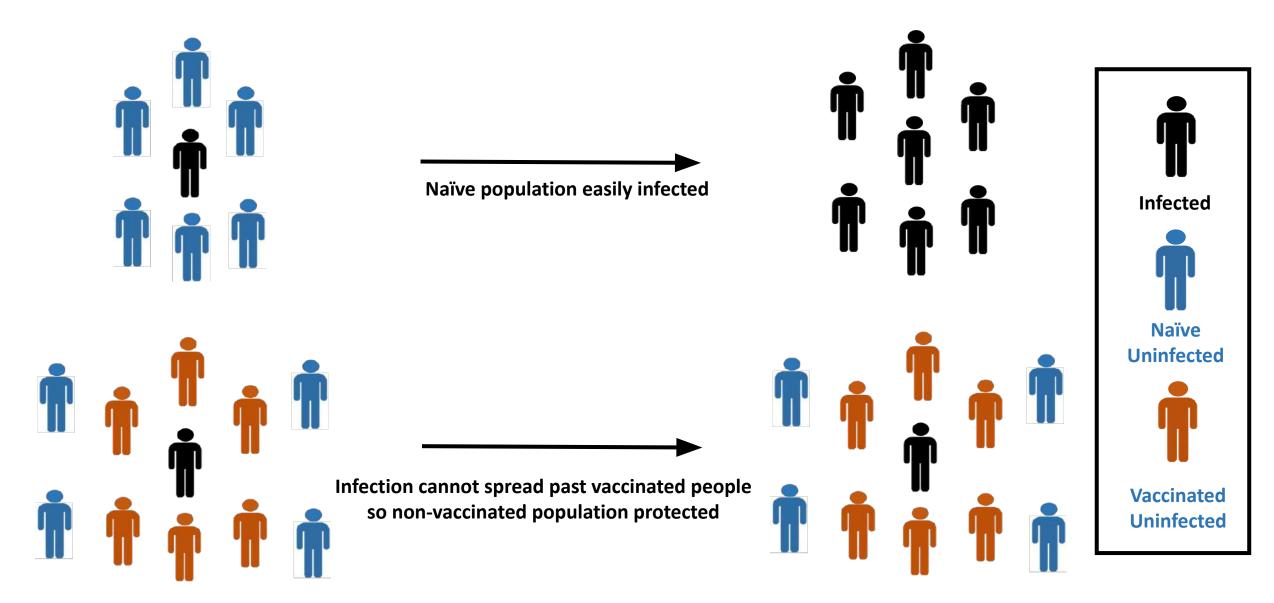
Therefore, multiple mutations needed for evasion – difficult to achieve and spread





Vaccine induces antibody that recognises multiple bacterial targets Even 'mutant' bacteria still recognised because multiple antigens targeted

Herd immunity decreases transmission risk and potentially the level of circulating pathogen



How can vaccines help reduce AMR?

Vaccines can help directly and indirectly – prevent infection, block transmission

Direct –

Reducing antibiotic use for mild infections

Reduce development of resistance – Tetanus, pertussis and diphtheria

Reduce burden of infections with existing AMR – Haemophilus influenzae B, pneumococcus, Neisseria spp

Reduce bacterial transmission – Herd immunity

Reduce opportunity for genetic exchange by bacteria in shared niches

Indirect –

Block transmission – target "similar" pathogens (Bexsero and gonococcus)

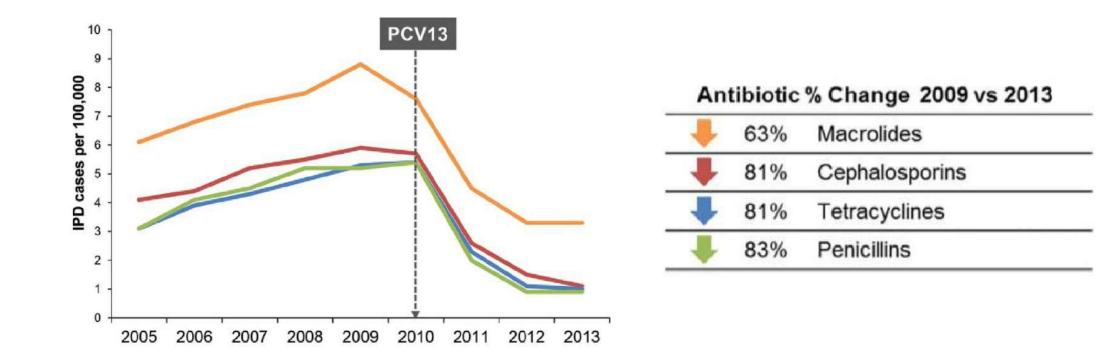
50% antibiotic use inappropriate – flu season correlates with antibiotic use - diagnostics

Flu vaccine reduces secondary bacterial infections and antibiotic treatments

Vaccinating different age groups - children

Most vaccines designed to protect the young

Clear evidence vaccines reduces antimicrobial use and are effective against AMR pathogens (HiB and typhoid)



Full use of pneumococcal PCV-13 vaccine would mean 11 million less days of antibiotic use each year

A vaccine against Group A Streptococcus would mean 6 billion less antibiotic doses given yearly

MINI-REVIEW

The role of vaccines in fighting antimicrobial resistance (AMR)

HUMAN VACCINES & IMMUNOTHERAPEUTICS 2018, VOL 14, NO. 9, 2142–2149 https://doi.org/10.1080/21645515.2018.1476814 Kathrin U. Jansen and Annaliesa S. Anderson

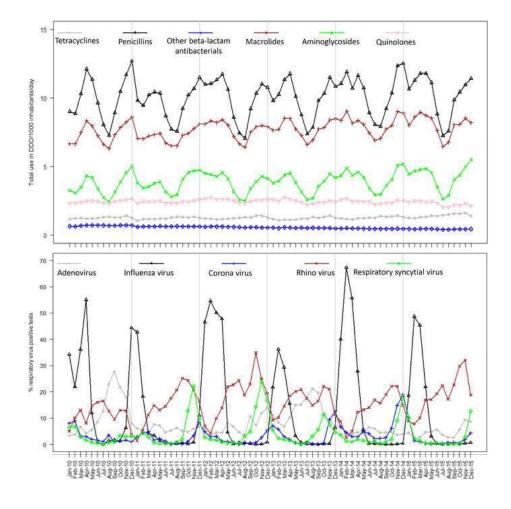
Vaccinating different age groups - adults

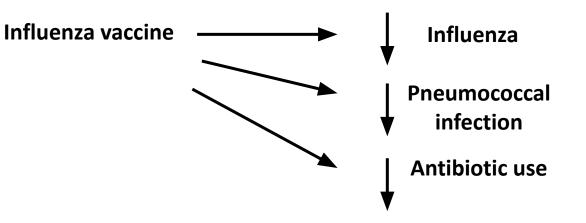
Fewer vaccines given routinely to adults – so less evidence on full impact on antimicrobial use Key impacts made for use of pneumococcal and flu vaccines and mostly for over 65s Evidence mirrors what is seen for vaccinating children – childhood vaccines can reduce disease in adults Strong evidence that vaccine-mediated protection is independent of antibiotic sensitivity of the pathogen Pneumococcal conjugate vaccine can reduce AMR strains by up to 80% in adults (Kyaw 2006) This means controlling AMR bacteria can be helped by being vaccinated – individual vs population Vaccinating against viral and bacterial infections can both help!! Surprisingly, flu vaccination in adults may be more beneficial than vaccinating against pneumococcus for AMR Vaccinating against pneumococcus reduces risk of some viral lower respiratory tract infections and pneumonia Why?

Influenza virus can cause pathology directly or result in susceptibility to a secondary bacterial infection

Viral infection can increase susceptibility to pneumococcus, Staphylococcus aureus, Haemophilus influenzae B

This relationship with pneumococcus the key reason Spanish flu of 1918 so devastating



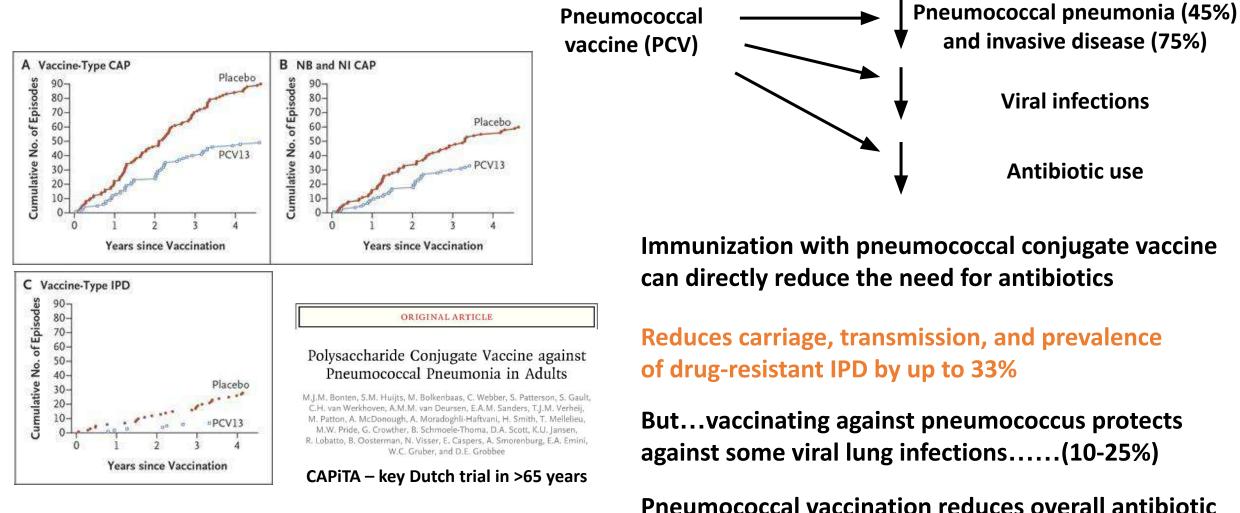


Vaccinating against flu reduces antibiotic use for viral infection

Vaccinating against flu reduces secondary pneumococcal+ infections

Vaccinating against influenza can reduce antimicrobial use in adults by up to 64% among adults and may reduce selection for AMR

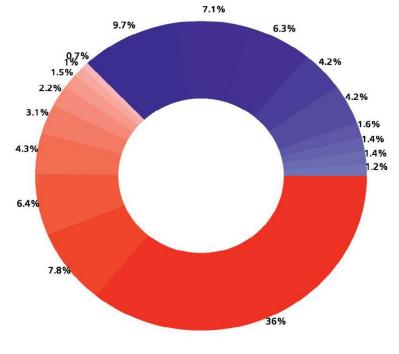
Pneumococcal vaccination reduces invasive pneumococcal disease at both ends of the age spectrum



Pneumococcal vaccination reduces overall antibioti usage in children but less well studied in adults

There are many pathogens against which there are no vaccines

Figure 1.1: Organisms causing blood stream infections in adults in England, Wales and Northern Ireland, April 2011-March 2012



Source: HPA. English National Point Prevalence Survey on Healthcare Associated Infections and Antimicrobial Use, 2011: Health Protection Agency, England; 2012. Note: excludes 13,206 episodes of bacteraemia with coagulase negative staphylococci.

Gram positive

Staphylococcus aureus (MSSA) - 9.7%
Non-pyogenic streptococci - 7.1%
Enterococcus spp. - 6.3%
Streptococcus pneumoniae - 4.2%
Other Gram-positive - 4.2%
Staphylococcus aureus (MRSA) - 1.6%
Group B Streptococci - 1.4%
Group A Streptococci - 1.4%
Diphtheroids - 1.2%

Gram negative

Eschericha coli - 36% Klebsiella spp. - 7.8% Other Gram-negative - 6.4% Pseudomonas spp. - 4.3% Proteus spp. -3.1% Enterobacter spp. - 2.2% Bacteroides spp. - 1.5% Serratia spp. - 1.0% Acinetobacter spp. - 0.7%

Chief Medical Officer's Report 2011

Technical advances mean better diagnostics

M. tuberculosis, Group A and B *Streptococcus*, *Staphylococcus aureus*, *E. coli*, *Klebsiella pneumoniae*....

But vaccines can have 'off-target' benefits – innate training, cross-protection (Meningitis B – gonorrhoea)

Reducing AMR requires using less antibiotics – vaccines are a major way to achieve this

Summary and points for discussion

Getting vaccinated as an adult, especially older adults, can reduce risk of infection and sequelae

Vaccination can aid antibiotic stewardship / use, prevent AMR or help prevent infection by an AMR pathogen Vaccinating against pneumococcus can help reduce many different viral infections (moderate protection)

Vaccinating against flu can help reduce bacterial infections

Wider vaccine uptake in older adults may benefit AMR and antibiotic use

Studies reveal more benefits from vaccination – flu vaccine and cardiovascular associated disease (33% drop)

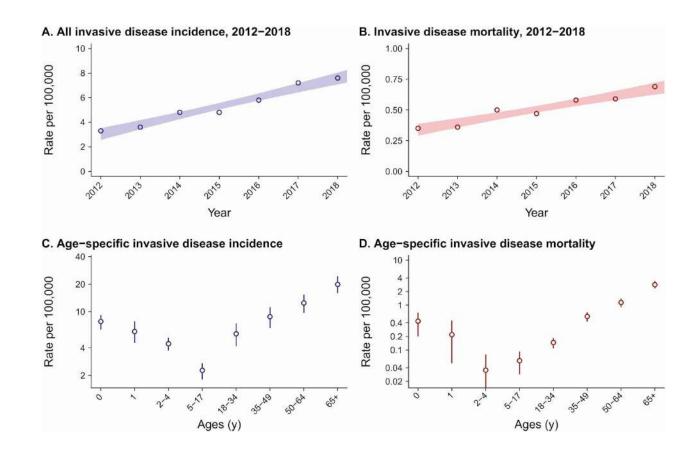
Future vaccines – RSV, new bacterial vaccines needed (many in the pipeline)

Widening vaccine usage and development is as much a political problem as a scientific one

We need to learn the lessons from COVID-19 – boosting enhances and maintains responses

Vaccines can save lives but only when used!! Vaccines don't save lives, vaccination does

Figure 1. Projecting incidence of invasive group A Streptococcus (GAS) disease. We plot increases from 2012 to 2018 in ...



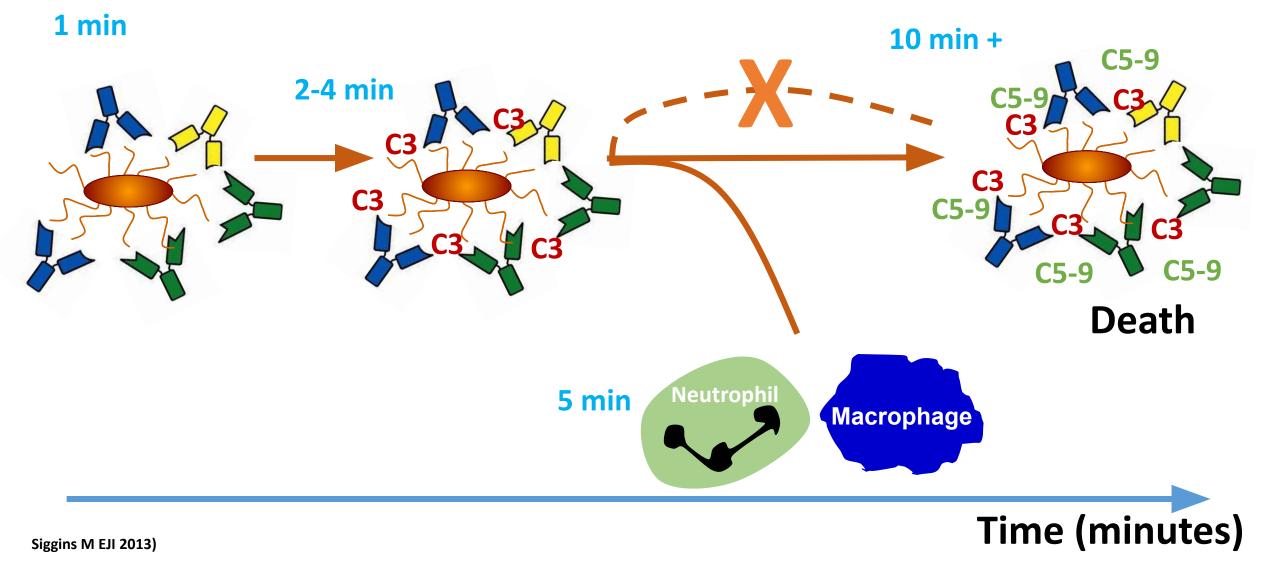
Clin Infect Dis, Volume 74, Issue 6, 15 March 2022, Pages 983–992, https://doi.org/10.1093/cid/ciab597



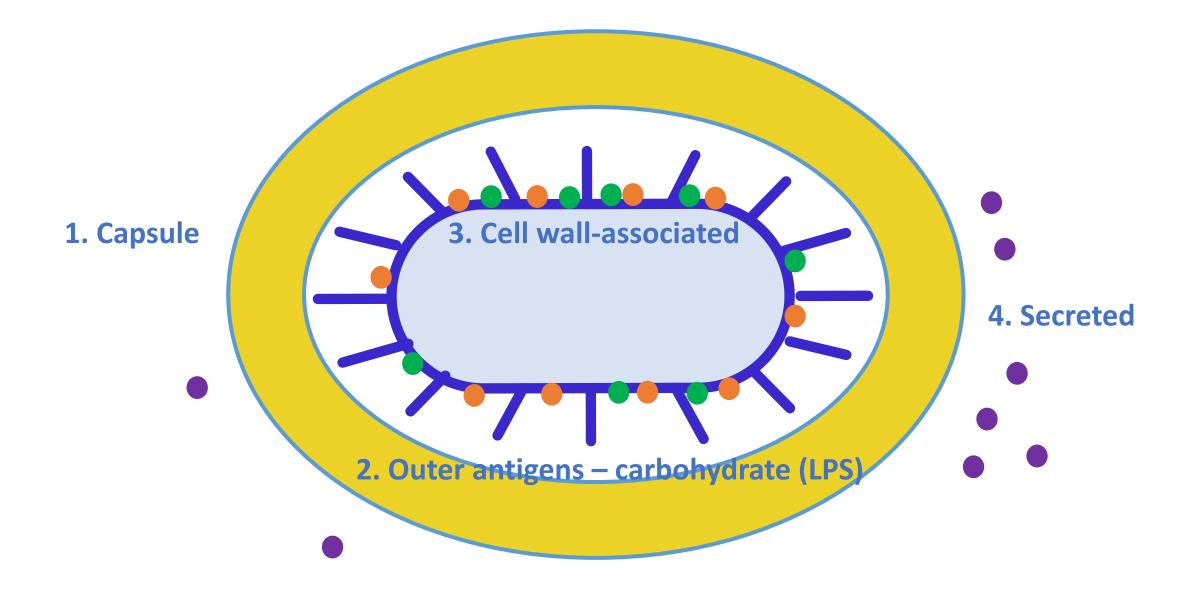
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Why are antibodies protective in vivo?

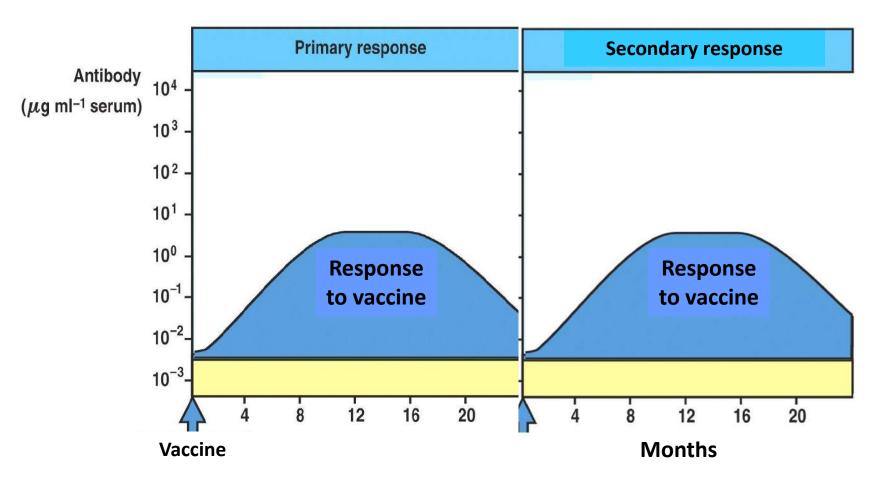
Timing of effector functions are often ignored



Licensed human vaccines are either single antigens (capsules) or are antigenically complex



TI responses are shorter lived (months to years) and do not induce memory



Antibodies to Gram-negative bacteria, induced after natural infection or vaccination, save 100 000s of lives each year

Cons

Targeting the bug or its products

Sometimes known, often not

The right antibody induced IgM v IgG v isotypes Natural infection vs vaccination

Immunodominant vs artificially skewing

Cross-protection induced

Many bacteria "related"

The right amount induced

Excess IgG dangerous?

Long-lived responses

Years between vaccination and infection

Target population

Immunocompetent vs compromised

Where is Ab needed?

Systemic vs mucosal

What does this mean in practice?

T-independent - Purified Capsular Polysaccharides

- IgM, some IgG of modest affinity (no GC), little IgA (Bone marrow) Protection modest longevity (typically 2-3 years) No boost, but potential hyporesponsiveness
- No T cell immunity

T-dependent - Conjugate capsular polysaccharides, protein subunits, vesicles, protein subunits, live vaccines

IgM, lots IgG of high affinity (GC), (lots IgA) (Bone marrow)

- **Protection potentially long-lasting**
- Boosting
- Strong T cell immunity

It will consist in the following activities:

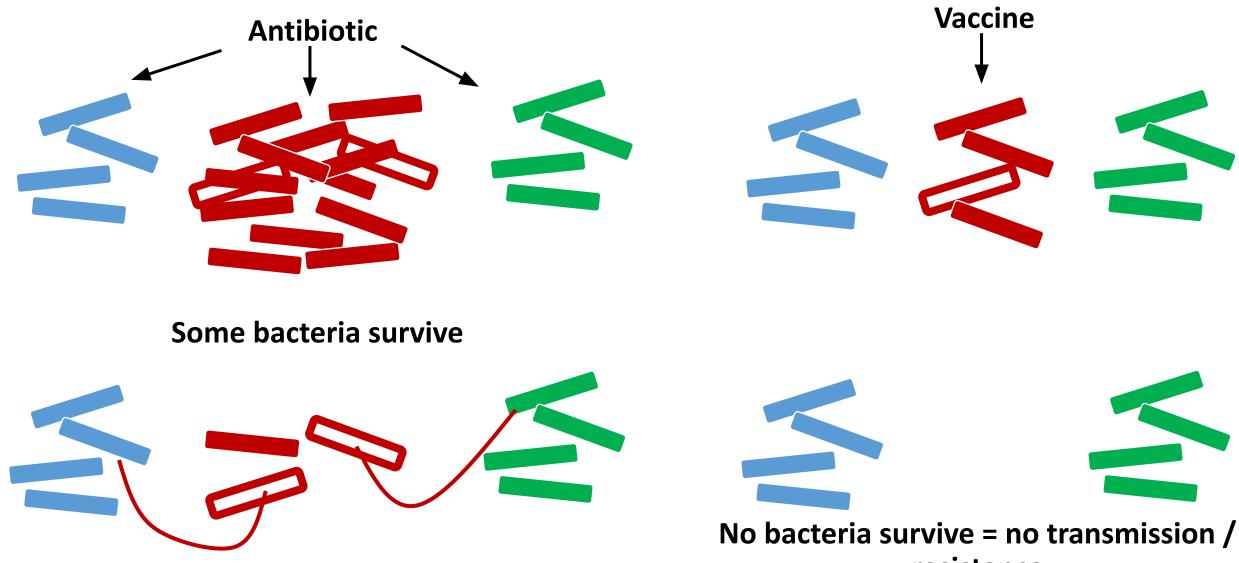
Participation, as trainer, in 1 online training seminar of a maximum duration of two hours, to be held on 14 December 2023. The seminar will be held in English.

Seminar topics: a proper vaccine culture, in particular to overcome the idea that vaccination is only needed at early ages, and to shift to a life-course vaccination approach and to a harmonised "for-life calendar" at the EU level. the essential role of vaccines in combating AMR, exploring the question of "why new-generation antibiotics alone cannot effectively address the AMR crisis." The session will shed light on the cause-and-effect relationship in AMR mitigation, emphasizing that vaccines target the root causes, while antibiotics primarily manage the consequences.

- The commitment foreseen will entail the production of a speech for the webinar accompanied by a **presentation in the form of slides/.ppt in English to be sent to the organiser one week before** the event takes place, authorising Cittadinanzattiva APS to publish the presentation produced online.

Differences between vaccines and antibiotics

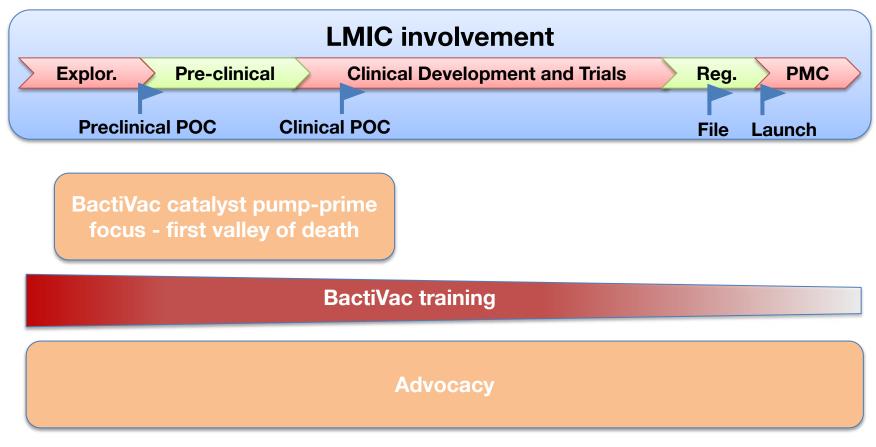
There is a direct link between antibiotic use and AMR



Potential spread of resistance

resistance

BactiVac is there to help vaccine development along the whole pipeline





Membership

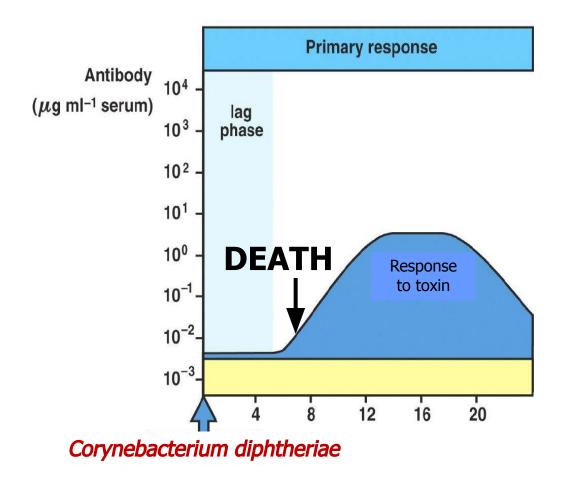
- Grown from 0 to over 1,600 members since 2017
- Members from 84 different countries
- 49% based in low- and middle-income countries (LMICs)
- 14% are based in industry



Not yet a member of BactiVac? Membership is free! www.birmingham.ac.uk/bactivac

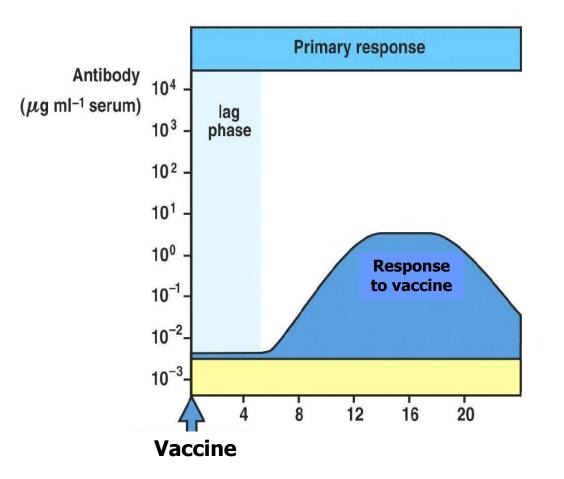


The benefit of vaccines is timing of their activity





The benefit of vaccines is timing of their activity



The residual "shoulder" of antibody and the speed of the recall response can combine to prevent disease

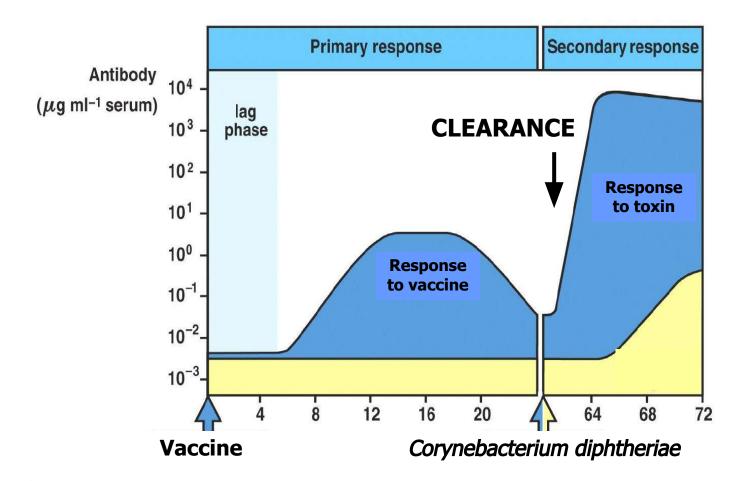
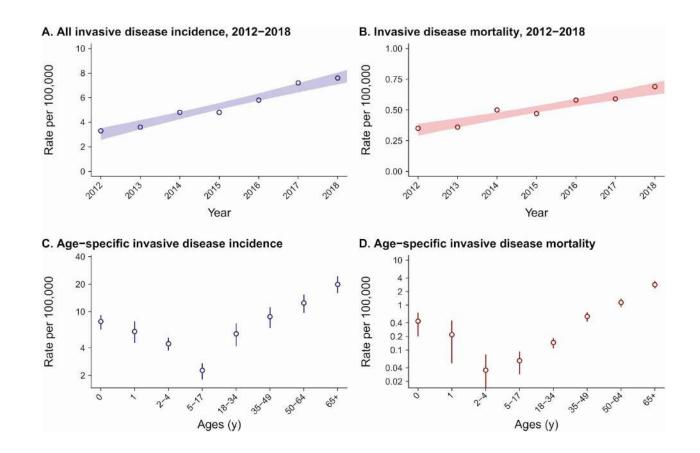


Figure 1. Projecting incidence of invasive group A Streptococcus (GAS) disease. We plot increases from 2012 to 2018 in ...



Clin Infect Dis, Volume 74, Issue 6, 15 March 2022, Pages 983–992, https://doi.org/10.1093/cid/ciab597



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Figure 1. Age-specific incidence of first LRTI and pneumonia during years before and after receipt of PCV13. We present ...

Age at vaccination				LRTI incidence per 100 (95% CI)				Pneumonia incidence per 100 (95% CI)
65-69 years		1- 0 -1		5.3 (4.7, 5.8)		-2		3.3 (2.9, 3.7)
65-69 years		HOH		4.8 (4.5, 5.1)	H-B-H			2.6 (2.3, 2.8)
70-74 years		H	-	6.7 (5.9, 7.6)				4.8 (4.1, 5.6)
		HOH		5.1 (4.7, 5.6)	3-0-1			3.1 (2.7, 3.5)
75-79 years				7.8 (6.6, 9.0)			i	5.7 (4.7, 6.7)
			4	6.2 (5.5, 6.9)		H-0-1		4.6 (4.0, 5.1)
80-84 years				11.1 (9.3, 12.9)				8.6 (7.2, 10.3)
			He-I	9.5 (8.5, 10.7)		3		7.6 (6.6, 8.6)
85+ years				13.9 (12.2, 15.6)				10.4 (8.9, 11.9)
			•	• 15.1 (13.8, 16.2)			Heri	13.2 (12.0, 14.3)
All older adults	Her			7.5 (7.0, 7.9)	HeH			5.3 (4.9, 5.6)
(65+ years)	101			6.5 (6.3, 6.8)		HOH		4.5 (4.3, 4.7)
					1 <u> </u>			
	2	5	10	20	2	5	10	20
	Incidence per 100 annually				Incidence per 100 annually			
				PCV13	_	PCV13]
				not yet received		received	l in prior year	

https://doi.org/10.1093/infdis/jiac098

Clin Infect Dis, Volume 75, Issue 5, 1 September 2022, Pages 832–841, https://doi.org/10.1093/cid/ciab1051

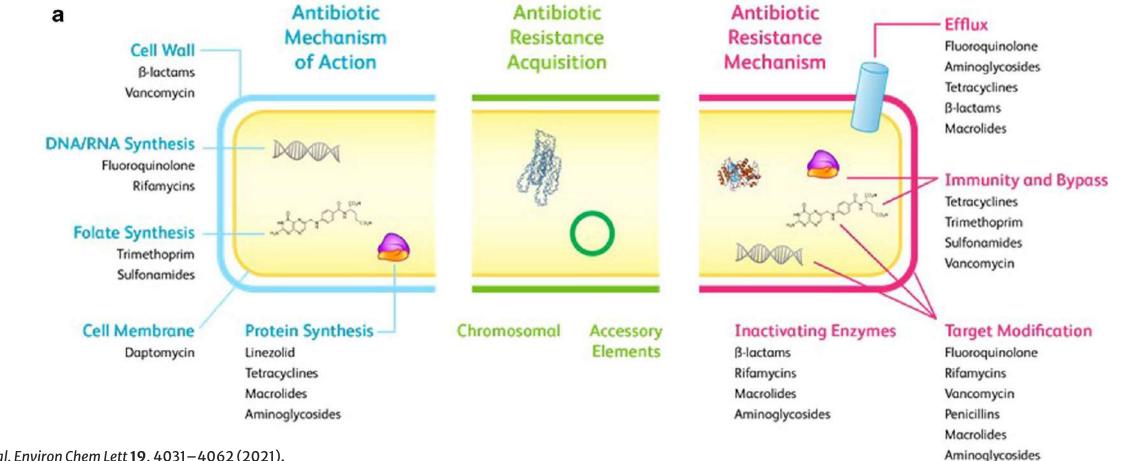


Approx 10%-25% VE overall depending upon study BUT THIS IS LRTI AND PNEUMONIAC AUSED BY VIRUSES NOT INVASIVE PNEUMO

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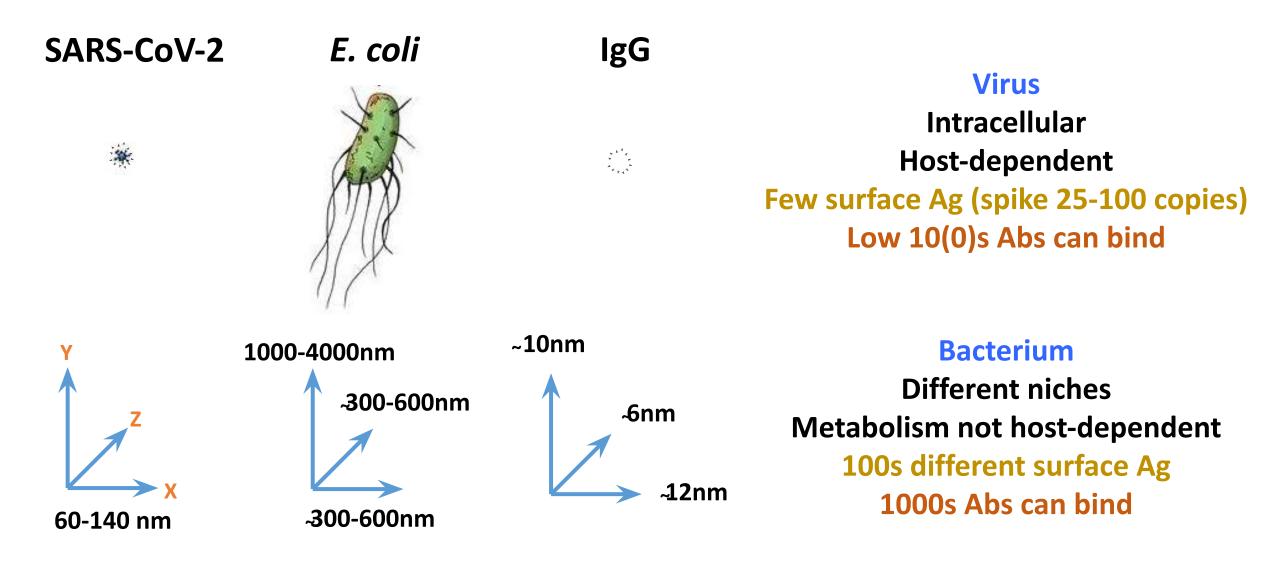
There are multiple routes that lead to antimicrobial failure – reflective of an ancient arms race that humans and their actions have accelerated

Antibiotics Active infection High pathogen numbers



Jansen, K.U., et al. Environ Chem Lett 19, 4031–4062 (2021).

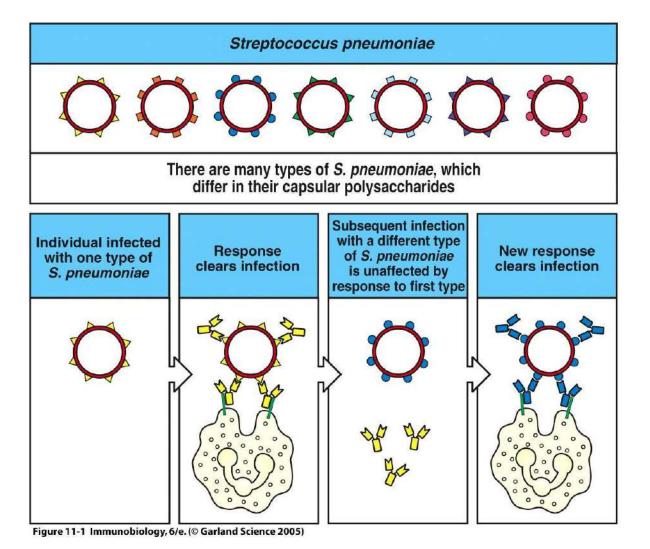
The differences between bacteria and viruses can impact vaccine "success"



E. coli surface area >>>200 fold; volume ~2000 fold than SARS-2

Adapted from https://scienceexchange.caltech.edu/topics/covid-19-coronavirus-sars-cov-2/what-is-a-virus

The limitations of vaccines compared to antibiotics - there are >90 capsule serotypes of pneumococcus, all need specific recognition by Ab but not abiotics



Hyporesponsiveness

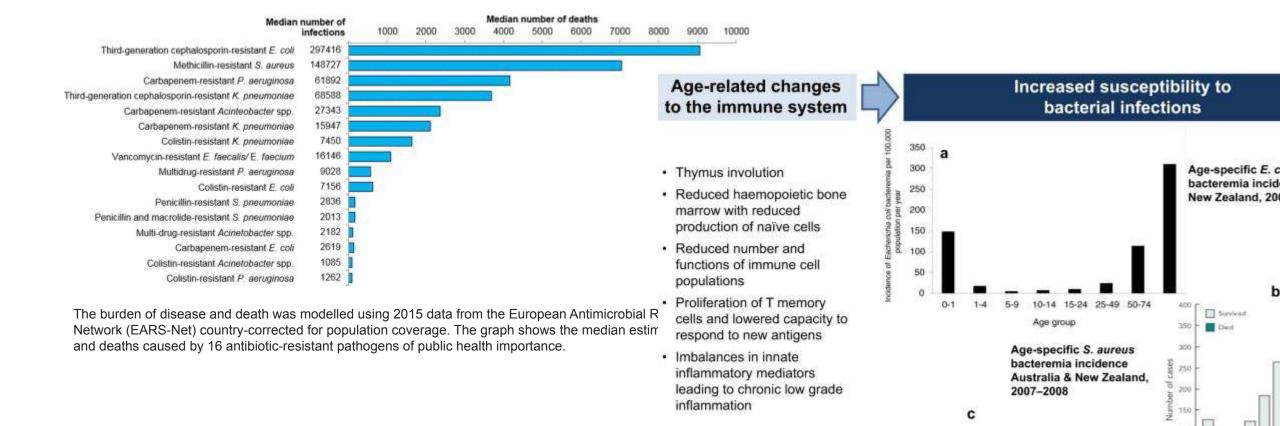
Serotype diversity

Vaccine fatigue/scheduling

Population targeting (who, age group)

Failure? Ab-independent, killing mechanisms

Economic modelling, QALY, measures of value?



oolman, J.T. Expanding the role of bacterial vaccines into e-course vaccination strategies and prevention of ntimicrobial-resistant infections. npj Vaccines 5, 84 (2020). tps://doi.org/10.1038/s41541-020-00232-0

Age (years) a The age-specific incidence of E. coli bacteraemia in all age-groups and highlights the marke burden after age 50 years. b The number of cases of S. aureus bacteraemia with higher case proportion of patients who died also increased with age. c The incidence of hospitalised com pneumonia in adults in the US, which increases substantially with age. Insert a reproduced fi Insert b reproduced with permission from Turnidge et al. 127. Data for insert c from Jain et al

18-49 50-64 65-79 80+

200

r 10,000 adults 01 0100 adults 01 010 000

per 50

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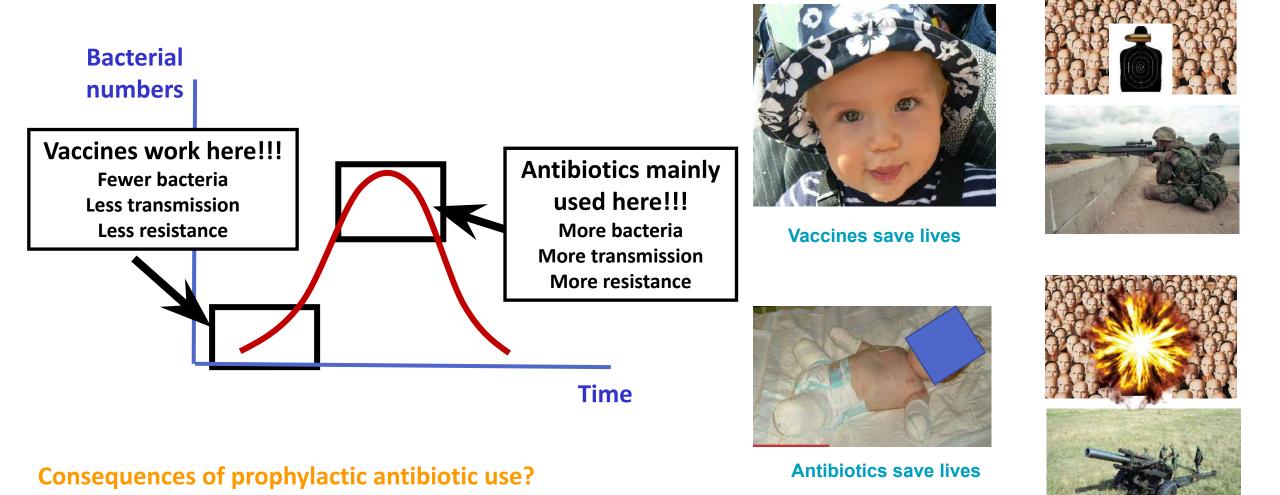
Age-specific hospitalization in

for community-acquired pneur United States, 2011-2012

Available vaccines •Cholera •COVID-19 (corona virus) •<u>Denque</u> •Diphtheria •Hepatitis •Haemophilus influenzae type b (Hib) •<u>Human papillomavirus (HPV)</u> •Influenza •Japanese encephalitis •Malaria •Measles •Meningococcal meningitis •<u>Mumps</u> •Pertussis •Pneumococcal disease •<u>Poliomyelitis</u> •<u>Rabies</u> •<u>Rotavirus</u> •<u>Rubella</u> •<u>Tetanus</u> •Tick-borne encephalitis •<u>Tuberculosis</u> •Typhoid •<u>Varicella</u> •Yellow Fever

9 bacterial diseases 15 viral diseases

Vaccines are active at the time of pathogen encounter, antibiotics are usually used later or (sometimes) not appropriate

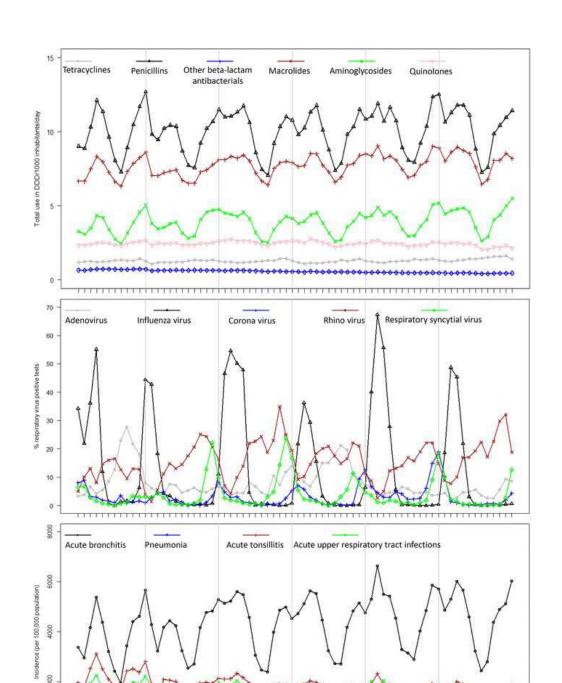


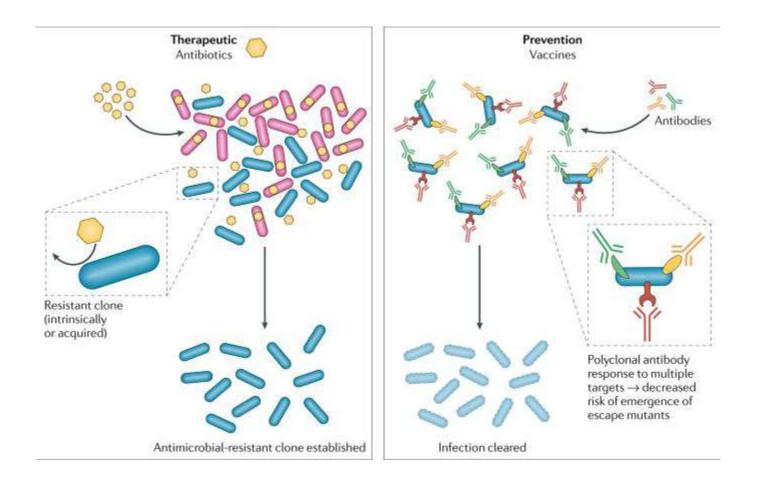
MR bacteria – typhoid

use abiotics

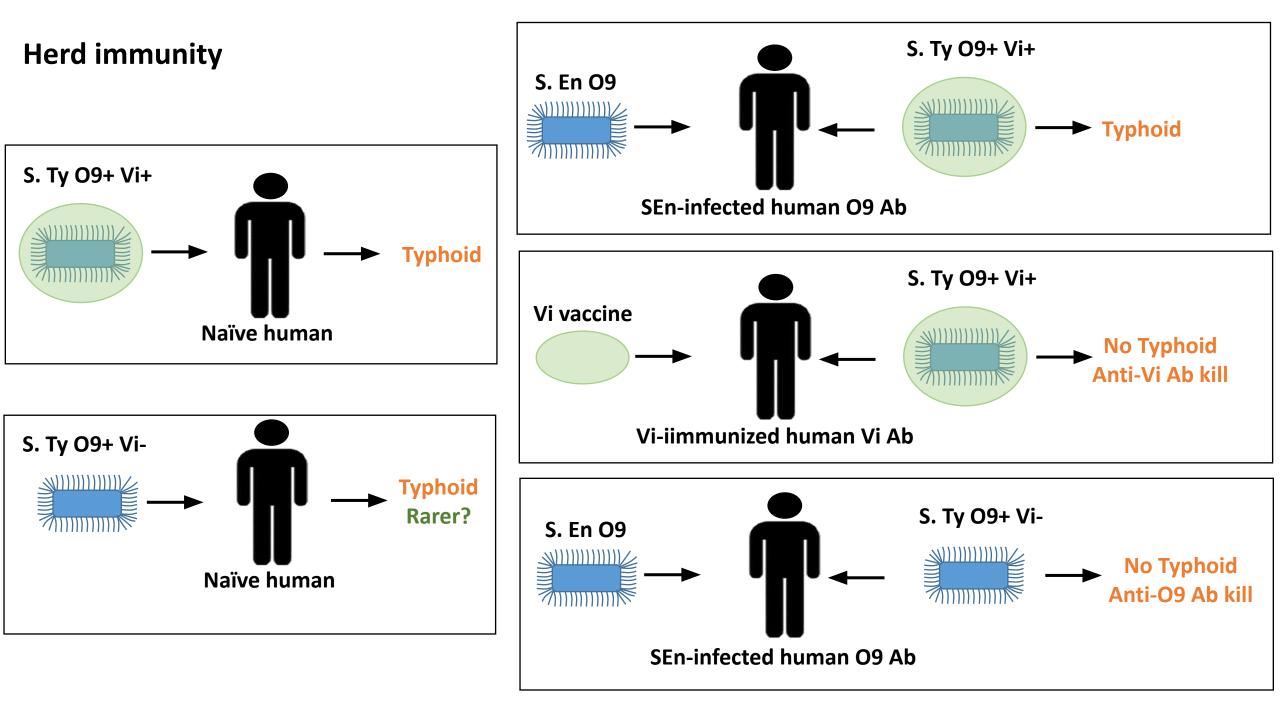
ctions – flu and pneumo

7, 56 (2018).

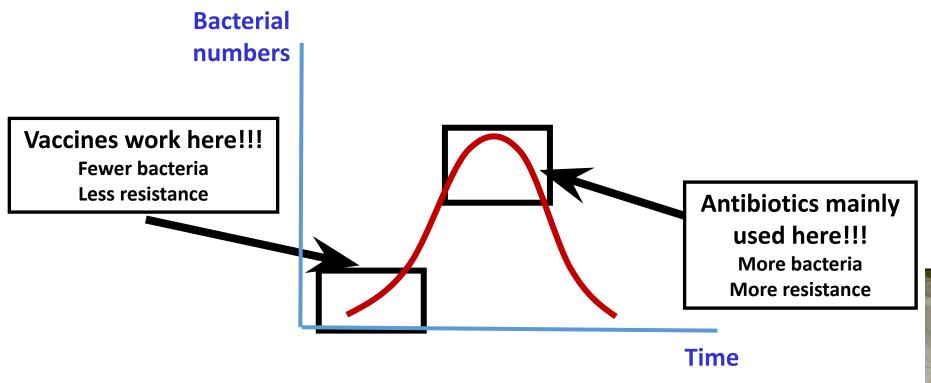




	Sequen fections, the mo		
Inflammatory B	Sowel Disease	CMV and pe	rsistent viruses
Cardiovaso	ular disease	Cancer	Autoimmunity
Arthritis	Deafness	٦	Type 1 diabetes
Cys	tic fibrosis	Obesity ?	Fertility
Hepatitis Guillain Barre	Svndrome	Behaviour	Homeostasis
	geing		Blindness
Chronic Obs	tructive Pulm	onary Disease	e Amputation
Bronchiecta	sis	Asthma	



Vaccines democratise opportunity across the life course There are limited options to treat active infections





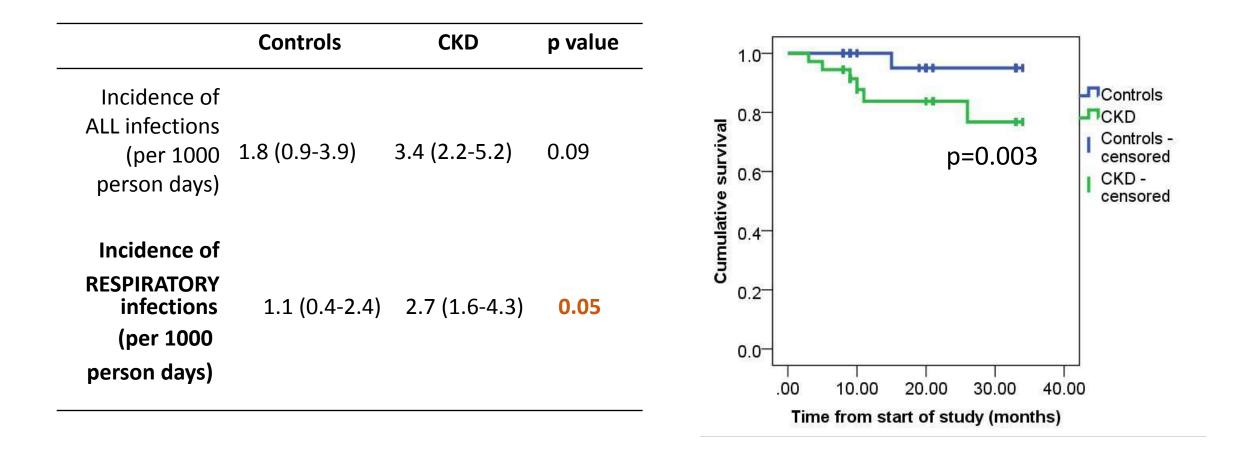
Vaccines save lives



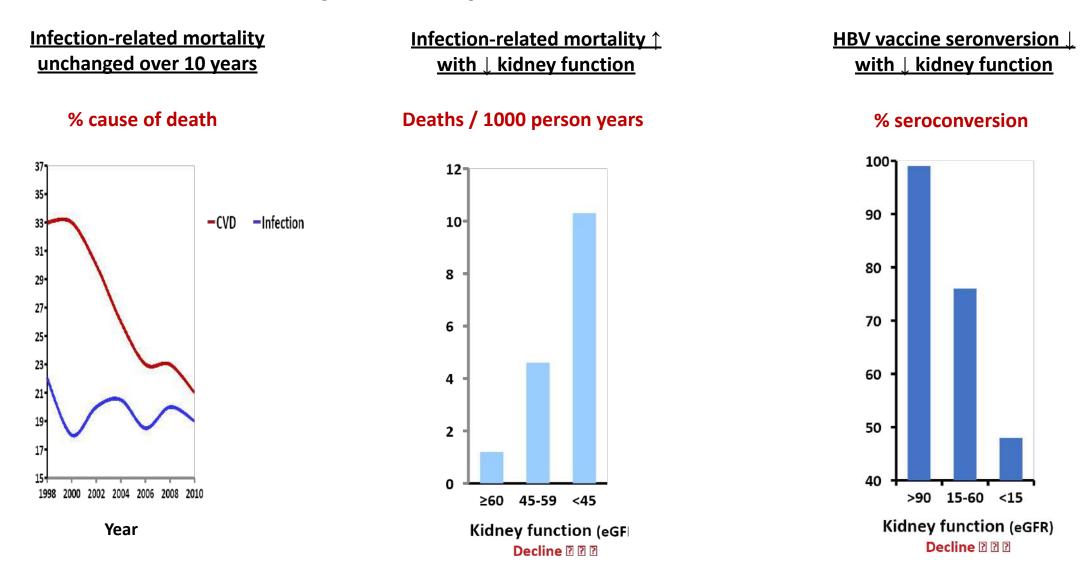
The success of vaccines (we rarely know when they have save our life) can make selling their importance more difficult cf antibiotics

Antibiotics save lives

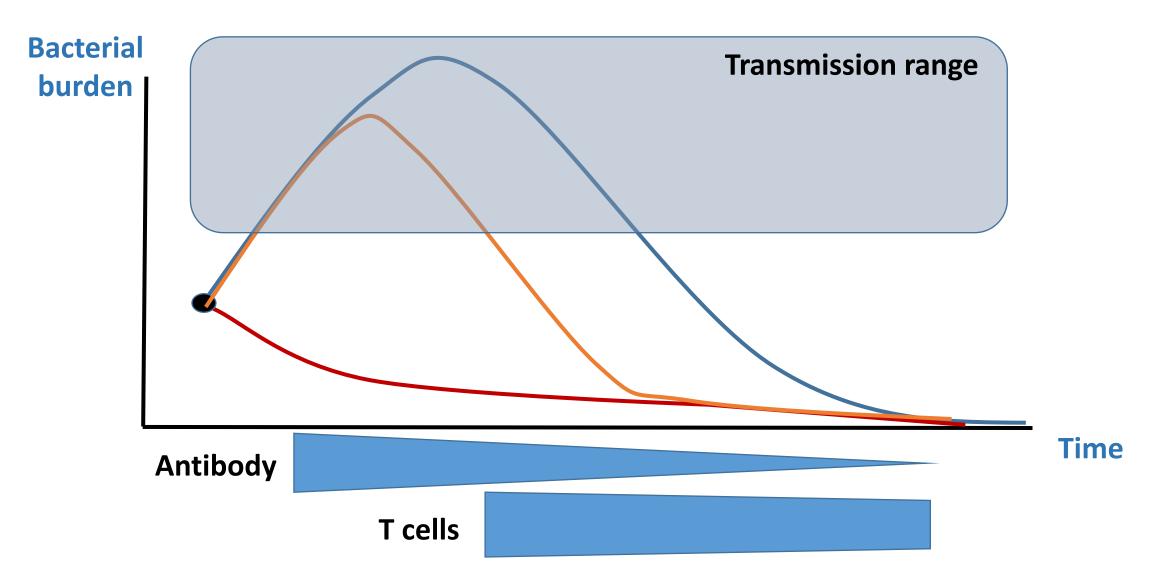
CKD is associated with more infections and higher mortality



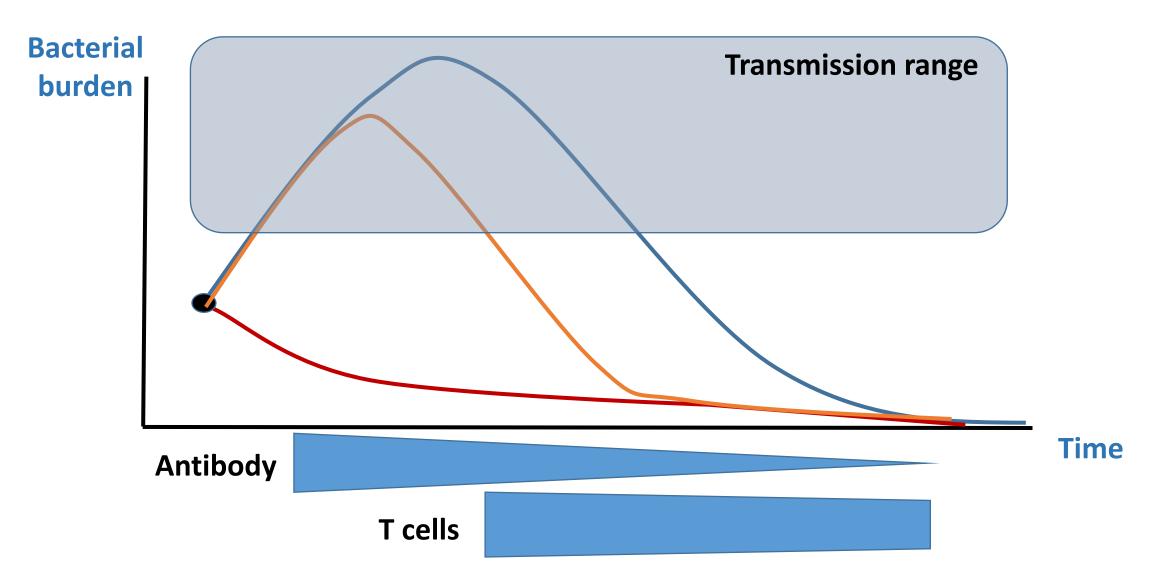
Chronic Kidney Disease massively increases risk of serious infection and poor response to vaccination



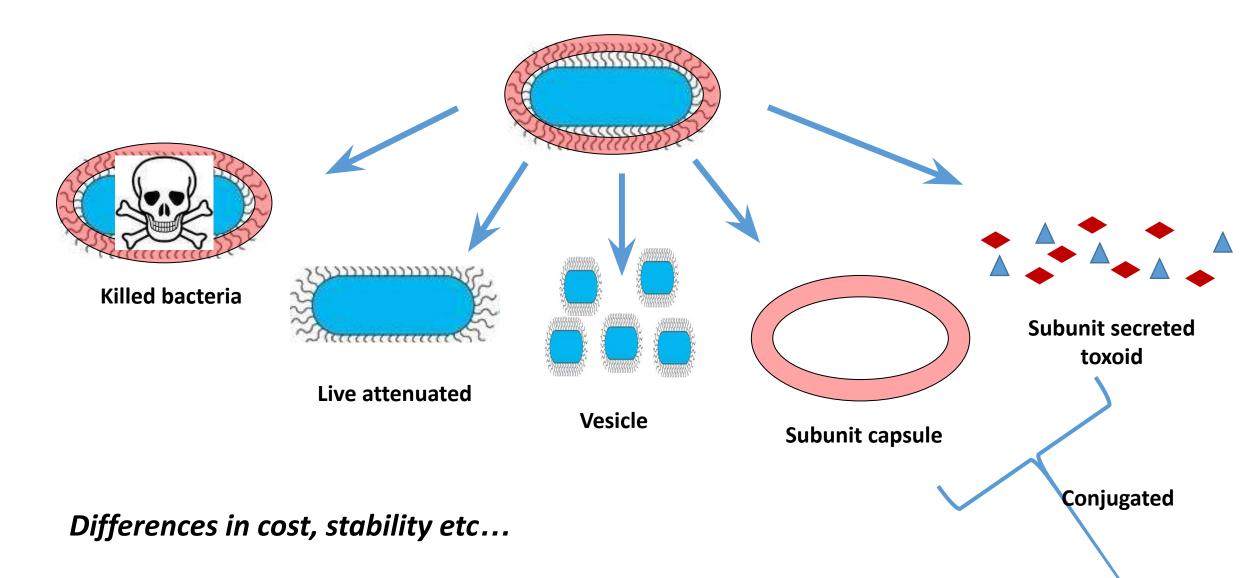
B cell responses help reduce the bacterial burden at the time of first encounter T cell responses contribute later



B cell responses help reduce the bacterial burden at the time of first encounter T cell responses contribute later



What types of vaccines are licensed for use against bacterial infections in humans?



Vaccines can induce T-dependent immunity (e.g. to proteinaceous molecules such as tetanus toxoid or live vaccines) or T-independent immunity (such as capsular polysaccharides)

T-independent antigens can become T-dependent antigens by conjugation to proteins Vaccines often target multiple antigens or multiple epitopes within an antigen-wide coverage – potentially lots of changes needed to introduce evasion

AMR rapid and widespread – vaccine resistance rare and limited (real/semantics) – 6 years staph penicillin, 100s years smallpox. AMR can develop even inside patients fully compliant

There is a difference between evasion and strain replacement and selection based on contact with the vaccine inside a person. The veterinary context may be slightly different as may be wider

That said resistance is more narrow to vaccines and takes longer to appear

Vaccines work before infection and often before transmission – kills potential for transfer

The larger the bacterial population size at the time of treatment, the more likely there is resistance to appear

UNKNOWN – evidence of resistance to bactericidal killing mediated by abs

Drug often interferes with a narrow range of cell activities, vaccine can be more widespread BUT think capsule vaccines – so in some way acts like combination therapy

Pertussis evasion – pertactin-deficient strains, assoc with acellular vac,

Vaccines can be direct – kill pathogen, indirect eg flu reduce abiotic use because no idea what is infection g you or reduce abiotic use because less flu and less secondary infection

CKD patients can maintain immune responses to historic antigens

GFR<60ml/min/1.73m² or 1+ markers of kidney damage

Prevalent - Affects 1 in 10 adults, ~2.5% NHS budget

Caused by different pathological processes

Diabetes mellitus (DM) Hypertension (HTN) Atherosclerosis (ischaemic nephropathy)

CKD patients have higher inflammatory markers – CRP, TNF etc

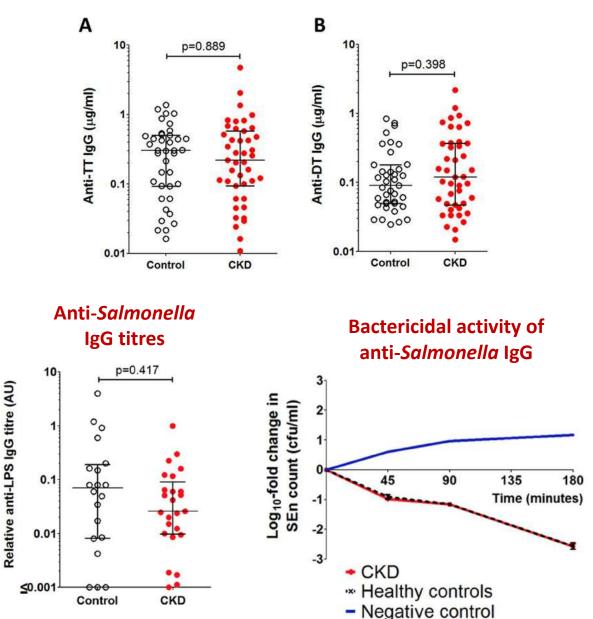
Sepsis mortality 30-50x greater in dialysis patients

1 year mortality = 13% in severe CKD

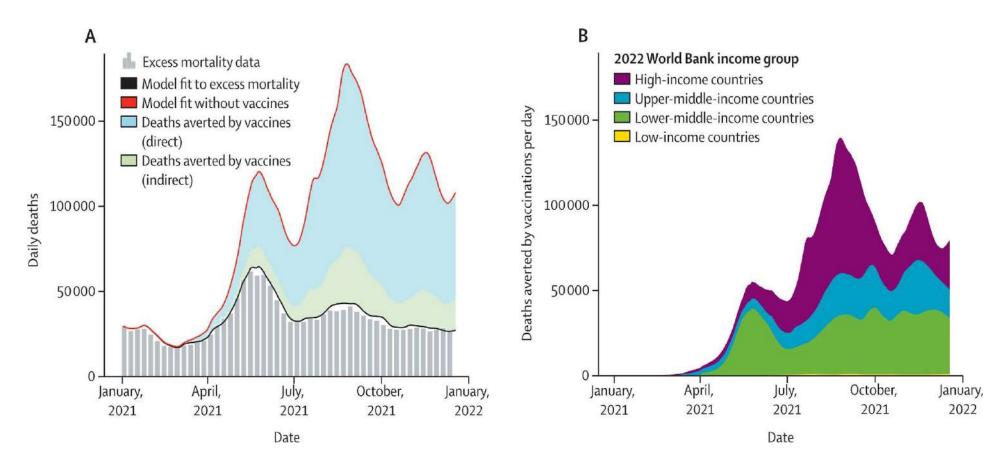
Risk of death increases stepwise with \downarrow eGFR

Is this because of a failure to mount immunity?

How about responses to historic antigens?



en vaccines and treatments



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How can vaccines help reduce AMR?

Vaccines can help directly and indirectly – prevent infection, block transmission Direct –

Can be differentially beneficial in reducing antibiotic use for mild infections Reduce development of resistance – Tetanus, pertussis and diphtheria Reduce burden of infections with existing AMR – HiB, pneumococcus, *Neisseria* spp Reduce bacterial transmission – Herd immunity Reduce opportunity for genetic exchange by bacteria in shared niches Indirect –

Block transmission – target "similar" pathogens (Bexsero and gonococcus)

50% antibiotic use inappropriate – flu season correlates with antibiotic use - diagnostics

Flu vaccine reduces secondary bacterial infections and antibiotic treatments

How can vaccines help protect against infection?

Direct

Prevent infection, reduce severity etc

Reduce NCD sequelae (flu and exacerbations of cardiovascular disease)

Protect near certain acquisition (HepB vac of infants born to infected mothers)

Indirect

Herd immunity – e.g. pneumococcus infants and grandparents Prevent damage and associated secondary infection (e.g. flu and pneumococcus) Prevent infection in offspring (e.g. maternal immunization) Prevent complications of NCD – e.g. bronchiectasis "Innate immune training"

Immunological concepts behind vaccination in the context of military medicine:

- **1.** Herd immunity unlikely during active deployment?
- 2. Skewing of adaptive immunity (antibody) to a narrow spectrum of antigens global pathogen diversity and time before deployment? Cf outbreak pathogens (menB and OMV)
- 3. Protection from death balance between disease (+/- infection) most often in adults
- 4. Added benefits of innate immune training shorter-lived non-specific benefits (BCG)
- 5. Reactogenicity vs immunogenicity original killed typhoid vaccine vs cholera vaccine
- 6. Time Induction and persistence, access to boost, need to boost TT/DT 10 yrs, vs MMR 1000+ years cholera
- 7. Some populations will not i) respond well to vaccination; ii) respond to vaccination but still be less protected (classical and non-classical immunodeficiencies) less important in healthy military recruits?
- 8. COVID-19 has taught us many lessons real-time benefit that lasts despite pathogen diversity

We have surprisingly few tools to prevent disease

Clean water, hand washing, public health

Vaccines

Antimicrobials

AMR

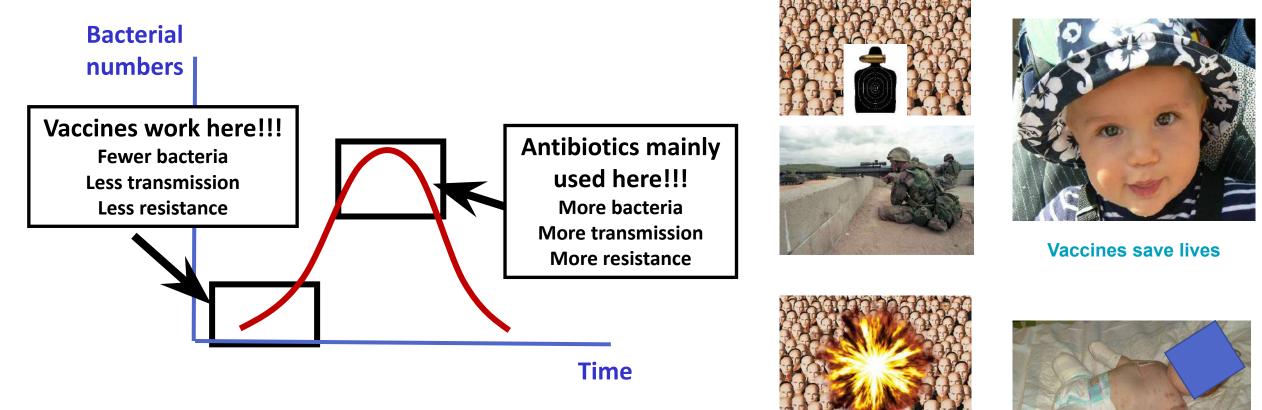
Cf COVID-19

– Dec 2019 to Dec 2020 – Hands, Space, Face – Dexamethasone

- Vaccines enable return to "normal life"

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Vaccines and antibiotics are active at different times after infection The ultimate function is to control infectious disease

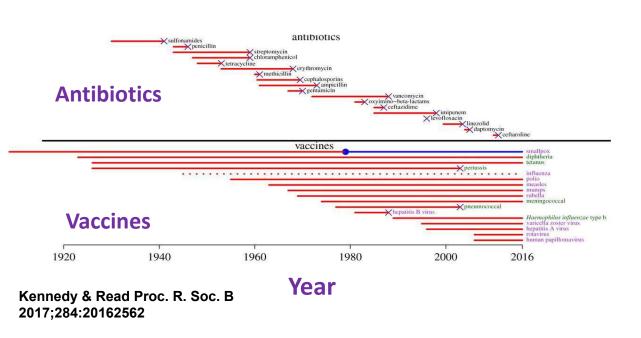


Antibiotics save lives



Vaccines offer sustained protection against disease, whilst antibiotics offer (broader but) short-term activity: *both differ in levels of resistance*

Persistence of responses and lack of acquisition of resistance help make vaccines effective



Length of activity by class of agent Antibiotic T-independent vaccines (and some others) Most vaccines



Activity after final dose

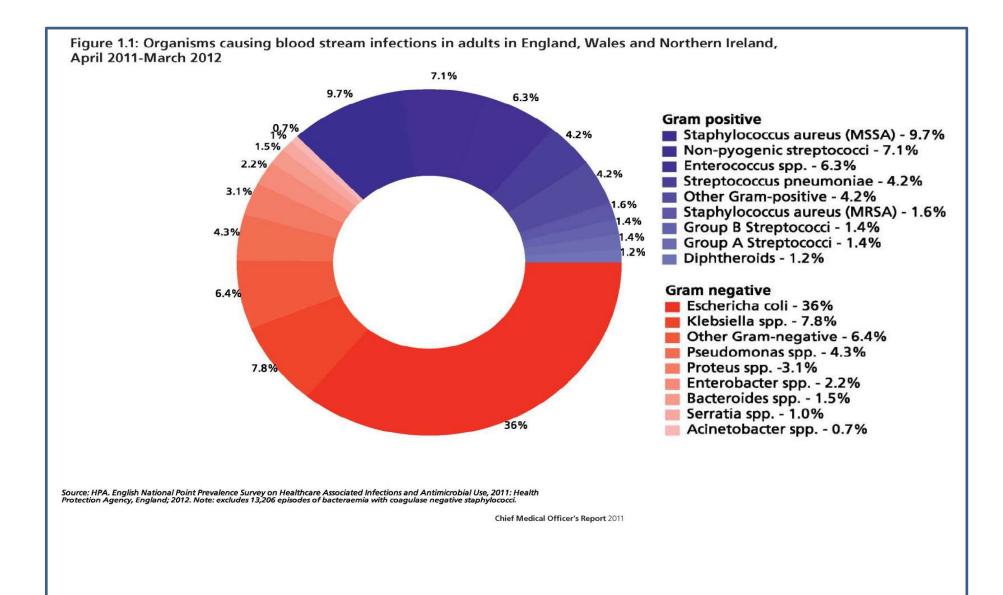
Year agent introduced and resistance detected

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Herd immunity Off target benefits – meningo BCG

Systemic infections are problems in High and low income countries – AMR & vulnerable groups



Susceptibility to infection with age can be due to multiple reasons

Classical and non-classical Primary immunodeficiency – sickle cell

Age

Classical secondary immunodeficiency

Non-classical secondary immunodeficiency

Metabolic conditions - diabetes

	People with T2DM (n = 96,630)		Control subjects (n = 191,822)	T2DM vs. control subjects	People with T1DM (n = 5,863)		Control subjects (n = 11,696)	T1DM vs. control subjects
Type of Infection	Events	Rate	Rate	IRR* (95% CI)	Events	Rate	Rate	IRR* (95% CI)
Bone and joint infections	1,071	2.26	0.50	4.93 (4.34-5.61)	182	5.75	0.30	22.34 (12.12-41.20
Cholecystitis (acute)	1,035	2.01	1.35	1.62 (1.48-1.77)	51	1.61	0.85	1.92 (1.22-3.03)
Endocarditis	100	0.20	0.13	1.84 (1.33-2.53)	8	0.25	0.08	6.70 (1.35-33.39)
riwer requirition (cool brincher	10,600	101.11	73.36	1 40 (1 18 1 41)	2,824	80.63	E4 61	1 40 (1 30 1 45)
Merendutes	30	11.117	11114	1.401.01.000-0.466		11 141	0.04	11 10 (11.11 (
turnen da	9,444	14.49	10.65	1.48.11.44.1.40		(1)))	4.44	2.08.18.80 5.800
NO(D.P.	3.63.3	19.14	1.118	3.3843330-3.40)	111.1	4,44	1.49	6.404.01.02-20.000
Summary groups								
Any plus prescription	132,661	265,62	183.60	1,47 (1,46–1,49)	7,042	247,57	192.09	1.66 (1.59-1.74)
Any as bisolialization? Death from infortunity	14,097	2000	23.909 1.306	1 98 (1 84-1 97)	1,178	17.14	0.60	A.71 (A.22-1.21) 2.22 (4.47.15.55)

Vaccination can help vulnerable groups

Other advantages of studying vaccination in risk groups

Allows study of "immunity in action"

Examine immune "failure"

Different perspective to mechanistic work established in animals – real world

Risk of infection can correlate with poor vaccine responses

Vaccines a "window" to try and understand how to alter immune function

Also examine infectious history

Some infections have long-lasting impact

Cytomegalovirus (CMV) can skew tonal immunity

lain Carey et al Diabetes Care 2018

Vaccination can have a dramatic effect on the use of antibiotics

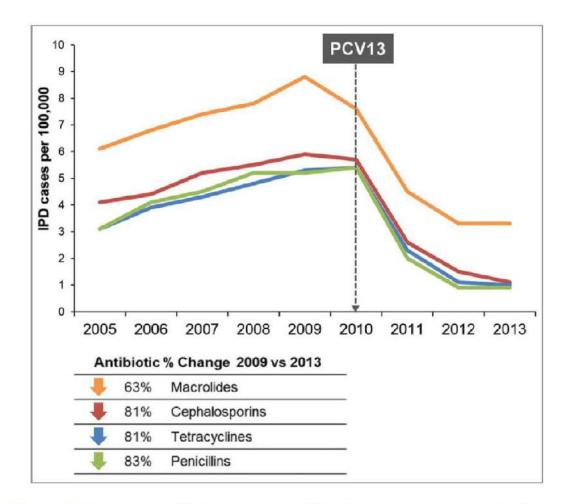


Figure 2. Rates of antibiotic non-susceptible invasive pneumococcal disease (<5 years) 2005–2013.²⁸.

MINI-REVIEW

HUMAN VACCINES & IMMUNOTHERAPEUTICS 4. NO. 9. 2142-2149

Kathrin U. Jansen and Annaliesa S. Anderson Pfizer Vaccine Research and Development, Pearl River, NY, USA

The role of vaccines in fighting antimicrobial resistance (AMR) ttps://doi.org/10.1080/21645515.2018.1476814

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Reduce burden of infections with existing AMR – HiB, pneumococcus, Neisseria spp

Reduce bacterial transmission – Herd immunity

Reduce opportunity for genetic exchange by bacteria in shared niches

Indirect -

Block transmission – target similar infections (OMV in NZ meningo and gonococcus)
50% antibiotic use inappropriate – flu season correlates with antibiotic use - diagnostics
Flu vaccine reduces secondary bacterial infections and antibiotic treatments
Reduce use of antibiotics in farming / animal husbandry – growth promoters etc (>60% antibiotic use)