

# THE RELEVANCE OF PAIN IN CANCER CARE AND REHABILITATION

## DID YOU KNOW?

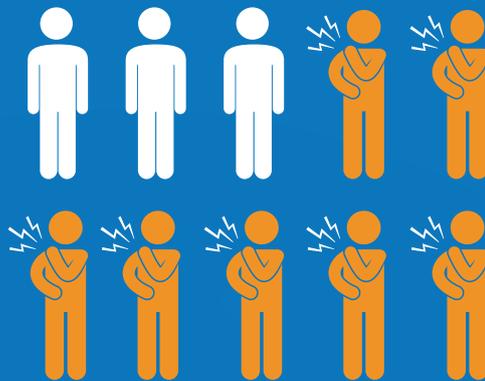
Pain affects many people with cancer<sup>i</sup> and pain management is important in palliative care too.<sup>ii</sup> Pain management should be an integral part of cancer treatment. There is an increasing need to improve cancer-related pain care policy in Europe.

Pain is a common problem in cancer survivors, especially in the first few years after treatment.<sup>iii</sup> In the longer term, approximately 5 to 10% of survivors have chronic severe pain that interferes with functioning.

Pain relief is of primary concern for all those with cancer.<sup>iv</sup>

**IMPROVING CANCER PAIN TREATMENT WILL RESULT IN A BETTER QUALITY OF LIFE AND WELLBEING FOR CANCER PATIENTS AND SURVIVORS.**

Pain occurs in more than 70% of patients with cancer.\*<sup>v</sup>



\*Pain also occurs in around 80% of patients with advanced cancer.<sup>vi</sup>

The EU needs consistent, integrated healthcare and social policies, that include pain treatment as a key component and that are designed with contributions from all relevant stakeholders, including the broader healthcare community and patients.

## SIP CALLS ON EUROPEAN GOVERNMENTS AND THE EU INSTITUTIONS TO



### RAISE AWARENESS

of the medical, financial and social impact that chronic pain and its management has on the patients, their family, care-givers, employers, and the healthcare system.



### RAISE AWARENESS

of the importance of prevention, diagnosis and management of chronic pain amongst all healthcare professionals, notably through further education

<sup>i</sup> International Agency for the Research on Cancer. World Cancer Report, 2003.

<sup>ii</sup> World Health Organization. National cancer control programmes, 2002.

<sup>iii</sup> Paul A. Glare, Pamela S. Davies, Esmé Finlay, Amitabh Gulati, Dawn Lemannel, Natalie Moryl, Kevin C. Oeffinger, Judith A. Paice, Michael D. Stubblefield and Karen L. Syrjala. Pain in Cancer Survivors. JCO May 5, 2014. doi: 10.1200/JCO.2013.52.4629.

<sup>iv</sup> National Cancer Institute, Pain Control - Support for People With Cancer, 2014.

<sup>v</sup> Breivik H, Cherny N, Collett B, de Conno F, Filbet M, Foubert AJ, Cohen R, Dow L. Cancer-related pain: a pan-European survey of prevalence, treatment, and patient attitudes. Ann Oncol. 2009 Aug;20(8):1420-33. doi:10.1093/annonc/mdp001. Epub 2009 Feb.

<sup>vi</sup> Foley, K.M. Supportive care and quality of life. in: V.T. DeVita, S. Hellman, S.A. Rosenberg (Eds.) Cancer: principles and practice of oncology textbook. 6th ed. Lippincott Williams & Wilkins, Philadelphia; 1993: 2977-3011.

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