

## Evidence Based Guidelines for Nursing and Social Care on eHealth Services

*Welcome to the sixth edition of the ENS4Care Project eNewsletter!*

*This eNewsletter is published on a quarterly basis. For more frequent updates, you can visit our website [www.ens4care.eu](http://www.ens4care.eu) or join our [LinkedIn](#) group ENS4Care and follow us on [Twitter](#).*

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### ENS4Care General Assembly in Brussels      Updates on ENS4Care Guidelines



On 15 April, ENS4Care partners gathered together in Brussels for the 4<sup>th</sup> ENS4Care General Assembly. These meetings are always an excellent opportunity for partners to exchange views and experiences in order to continue building on the successes of the project. ENS4Care is going well on track and the core deliverables were submitted to the European Commission and are now at its final validation process, undertaken by independent experts.

It was one of the most active ENS4Care meetings and the good collaboration among the partners was warmly felt. One key area where the partners will need to work further on, as expressed during the EC review meeting, last 23 January, is the strengthening of their dissemination activities in order to reach wider audiences with the ENS4Care outcomes. On sustainability, EFN and IFSW are looking into strengthening their research capacity to become a real player in H2020. Anyhow, sustainability mainly relates to the implementation of the guidelines and some Member States have already taken concrete action.



WP leaders introduced the guidelines as submitted to both, the European Commission and the validation experts. On **Prevention**, Pat Hughes (C3) noted some recent developments in relation to HeartAge including increased international awareness about the tool. In addition, in England the body responsible for Public Health formally endorsed HeartAge, which is also expected to increase its use in daily practice especially by public health nurses. Tyne Lyngholm (DNO) and Anne Dirckmann (SFKS) presented the guideline on **Clinical Practice** that aims to learn from eHealth tools that nurses and social workers use in their daily practice focusing on those that supports treatment, care and follow up of patients with COPD, diabetes, dementia, mental disorder, chronic wounds, etc. On **Advanced Roles**, Marianne Sipilä (HMuAS) introduced the final modifications to the guideline which emphasize the importance of interprofessional education, continuing professionals' development and the role of other professions.



Dorota Kilanska (ENRF) talked about the requirements for future success and implementation of the guideline on **Integrated Care**, as well as the planned dissemination activities at the next ICN conference in Seoul. Last but not least, Pamela Hussey (DCI) presented the updates on the guideline on **nurse and social care ePrescribing** which included some formatting of the presentation of the case studies, minor edits and revision of websites and guideline statements.

### Updates on Guidelines Validation

The process includes identifying a panel of 3 experts to review each guideline, which will be drawn from a pool of patients, professionals, and industry associations as well as academia. By the end of May 2015, EU experts will have validated each guideline based on 15 criteria set out in the evaluation framework.

### Roundtable on implementation



*Andreas Xyrichis (King's College London) asked to the panelists: What opportunities exist for implementation of the ENS4Care guidelines in your country?*

During the last General Assembly, partners enjoyed a roundtable discussion about the implementation of the ENS4Care Guidelines with a special focus on Eastern Europe, and explore funding avenues such as through the Social Cohesion Funds (SCF). Dorota Kilanska (ENRF; Lodz University, PNA) presented the work undertaken to date in Poland, especially around implementing the guideline on nurse ePrescribing for nurses. ENS4Care was a great opportunity that boost the implementation of nurse prescribing in Poland. A law passed on the Polish Parliament in June 2014. Dorota explained the next steps towards full implementation of the nurse prescribing guidelines.



*Jana Slovákova (SKSAPA) said that numerous challenges are faced in Slovakia as the use of eHealth solutions is minimal and there is lack of financial support.*

### Views of ENS4Care partners



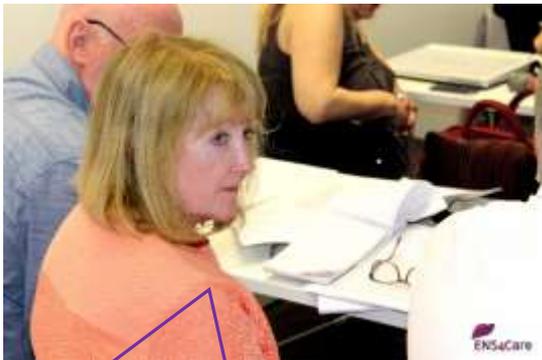
*Rafael Lletget (FSS) indicated that "the final target of ENS4Care is to meet the patients/citizen's needs. We should avoid making things more complex."*



*Frank Goodwin (Eurocarers) highlighted that the caring burden for informal carers will increase dramatically in the future. Professional support is needed when caring for people with complex care needs, as the home develops into a high dependency facility.*



*Mariano Votta (ACN) reminded that it is extremely important to have practical projects that can have an effect on citizens' actual lives.*



*Frances MacDonnell (IFSW) indicated that interprofessional teamwork is crucial and should form a core aspect of the care process.*



*Daniel Widmer (UEMO) reminded that it is important to unite forces through interprofessional work to cope and manage the pressures and challenges healthcare in Europe will face in the future.*

## 12 May 2015 - Patients and Nurses celebrate together!

This year the International Nurses' Day falls together with the celebration at the European Parliament of the 9th Edition of the European Patients' Rights Day organised by ACN-Active Citizenship Network. The EFN will be present and will advocate for an appropriate nursing workforce to deliver person-centered care in which eHealth services are oriented to support better patient/citizens outcomes.

### Upcoming meetings

**11-13 May 2015** - eHealth Week, in Riga: a dedicated stakeholder event on mobile Health will discuss the key policy actions identified in the COM Green Paper consultation. Paul De Raeve will present ENS4Care results with a special focus on its sustainability.

**10-12 June 2015** - The 23<sup>rd</sup> International Conference on Health Promoting Hospitals and Health services takes place in Oslo, Norway. Dorota Kilanska will present the ENS4Care guidelines.

**6-9 September 2015** - The IFSW European Conference and Social Services EXPO 2015 will take place in Edinburgh. Ian Johnston will present ENS4Care and the social workers' contribution.

### Get involved

To engage with the ENS4Care Thematic Network, visit the [ENS4Care website](#), join us on [LinkedIn](#) and follow us on [Twitter](#)!