



# Courses: Cancer and neuropathic pain treatment in Kosovo

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# Collaborators

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- ▶ Ministry of Health in Kosovo



- ▶ Patients' Rights Association in Kosovo (PRAK)



- ▶ IASP and



- ▶ EFIC.

## *Project goal*

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- ▶ To make possible that people who are suffering on pain a quality life and reintegrate into society with the help of educated health professionals.
- ▶ Education of primary health care medical staff through Education course on Pain Management (Cancer and neuropath pain) in Republic of Kosovo
- ▶ To offer a quality pain treatment in Primary health care and at home
- ▶ Help patient who suffer from pain (respect human rights, according to EFIC Declaration of pain)

# Implementation

- ▶ Project took place at Prizren and Prishtina
- ▶ 25 March – 25 October 2013
- ▶ The course was accredited by the Ministry of Health with 4 points for participants and 6 points for lecturers.
- ▶ Lecturers were local expert for treatment of pain:
  - ▶ Dr. Adem Bytyqi – anesthesiologist & intensivist



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- ▶ Courses were authentic.
  - ▶ Educational concept was based on theoretical knowledge, practical advice and interactive teaching style in multimedia format (Grunenthal support on English).
  - ▶ Final materials were controlled and recommended from national and international associations



# *Course concept*

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- ▶ Courses covered important areas from pain management such as:
  - ▶ aetiology of pain
  - ▶ physiological principles
  - ▶ pharmacology principles
  - ▶ interventional procedures
  - ▶ non pharmacology therapy
  - ▶ cancer pain therapy
  - ▶ opioid therapy for non-cancer pain
  - ▶ pain therapy in specific pain syndrome

- ▶ Workshop included short lectures, interactive questions and discussions about study cases.
- ▶ *Questions part* – interactive questions were used to involve in topic or to help Workshop in implementation knowledge from pain management



# Obstacles

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- ▶ Obstacles to the realization of this course we had not, but perhaps we can say that there was the obstacle to the realization of this course at institutions to other cities of Kosovo.



## **Reproducibility:**

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- ▶ It would be beneficial to implement in other cities

## **Innovativeness:**

- ▶ Using the pain evaluators and prescribing opioids.

# Next steps

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- ▶ To continue education of health staff in other cities
- ▶ To begin education of patients with chronic pain

# Other activities related to pain

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5 International Conferences (2009, 2010, 2011, 2012 and 2014)

▶ Objectives:

- ▶ Promotion of the latest achievements about pain management,
  - ▶ Inclusion of the pain management in medical school curricula,
  - ▶ Awareness of health workers,
  - ▶ Awareness of policy makers,
  - ▶ Establish a team to implement the treatment of pain in the Kosovar Health System, as an example for all countries with limited resources.
  - ▶ Patient education for pain management.
- ▶ Per each conference were around 400 participants from different fields, and places.

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- ▶ 4 workshops,
  - ▶ Discussions with Pristina public University (faculty of medicine, dentistry, pharmacy and nursing) to insert into their curricula as a subject in its own "Pain and its Management."
  - ▶ Discussions with MoH for the allocation of sub-specialization (training) or specialization for pain (algologist).

# Thank you for attention



Prizren  
Republic of Kosovo

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